

# The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-471-7147 | [www.villasatgreenvalley.com](http://www.villasatgreenvalley.com)



## Employee Spotlight of the Month

Denise Lerma has a passion for caregiving that began after she cared for her own grandfather. Through that experience, she quickly realized that she was meant to nurture others and support their needs. Here at The Villas, what Denise enjoys most about being a certified caregiver is the opportunity to help people with various needs. She values being part of a great team and finds fulfillment in making a positive difference in the lives of those she cares for. One of her favorite aspects of work is watching residents enjoy live music. She loves seeing the joy on their faces and witnessing firsthand how meaningful those moments are.

Outside of work, Denise channels her passion for cooking into her home kitchen as well, and her go-to is chicken with pasta, and garlic bread, a dish that's just as popular with the residents as it is at home. Recently married, she loves making desserts and expressing herself through her artistic side. Denise also takes quiet pride in the responsible habits she's built, like staying on top of her car maintenance schedule. These detailed things reflect the care and dependability she brings to everything she does.



## June 2026



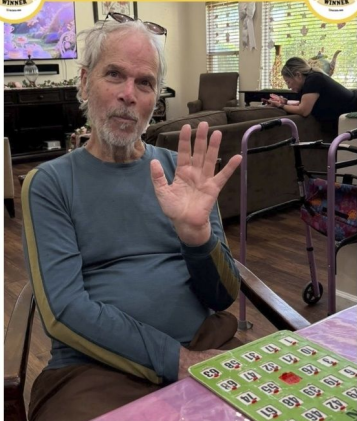
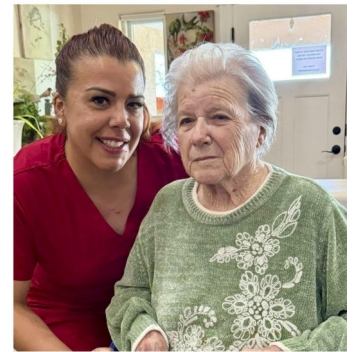
## Built With Love, One Chapter at a Time

Robert Ostergaard continues to live a life full of simple pleasures and quiet devotion. He and his wife, Sherry, are proud parents to three children—Eric, Beth, and Amy—and are loving grandparents to seven grandchildren. For decades, Robert and Sherry have shared a love of cycling, logging many miles together with snack breaks along the way. Those unhurried rides remain among his most treasured memories. When it comes to dinner, Robert's favorite is a good steak, which has been mostly saved for special occasions and savored every time! Professionally, Robert spent 30 years as a barber, and when he wasn't cutting hair, he was in the workshop crafting coffee tables, jewelry boxes, and other handmade pieces with care and precision.

These days at The Villas, Robert enjoys reading and catching up on the news, and he embraces each day with gratitude. Be sure to take some time to visit with him over coffee or at a social, and learn more about Robert's life and family.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7:00 Coffee & Newspaper (A-J) 10:30 Move & Groove w/ Anette (B) 2:00 BINGO with Carolina (E)	2 7:00 Coffee & Newspaper (A-J) 10:00 Manicures with Carolina (A) 2:00 Karaoke with Anette	3 7:00 Coffee & Newspaper (A-J) 10:00 Art & Craft (A) 2:00 Dice Game with Carolina (D)	4 7:00 Coffee & Newspaper (A-J) 10:30 Move & Groove with Anette (F) <b>2:00 Performance by David (A)</b>	5 7:00 Coffee & Newspaper (A-J) <b>10:00 Coffee &amp; Donuts and Me &amp; My Gal Duo (F)</b> 2:00 Popcorn & Movies (A-J)	6 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)
7 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)	8 7:00 Coffee & Newspaper (A-J) 10:30 Move & Groove w/ Anette (B) 2:00 BINGO with Carolina (E)	9 7:00 Coffee & Newspaper (A-J) <b>10:00 Performance by John (A)</b> 2:00 Karaoke with Anette (A)	10 7:00 Coffee & Newspaper (A-J) <b>10:00 Performance by Roy (B)</b> 2:00 Music Therapy (A)	11 7:00 Coffee & Newspaper (A-J) 10:30 Move & Groove with Anette (B) <b>2:00 Performance by David (A)</b>	12 7:00 Coffee & Newspaper (A-J) 10:00 Coffee & Donuts (B) 2:00 Popcorn & Movies (A-J)	13 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)
<b>FLAG DAY</b> 14 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)	15 7:00 Coffee & Newspaper (A-J) 10:30 Move & Groove w/ Anette (B) 2:00 BINGO with Carolina (E)	16 7:00 Coffee & Newspaper (A-J) 10:00 Birthday Celebration (B) 2:00 Karaoke with Anette (B)	17 7:00 Coffee & Newspaper (A-J) 10:00 Basketball (D) 1:00 Hydration Station (A-J) 2:00 BINGO with Carolina (E)	18 7:00 Coffee & Newspaper (A-J) 10:30 Move & Groove with Anette (A) <b>2:00 Performance by David (A)</b>	<b>JUNETEENTH</b> 19 7:00 Coffee & Newspaper (A-J) 10:00 Coffee & Donuts (D) 2:00 Popcorn & Movies (A-J)	20 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)
<b>FATHER'S DAY</b> 21 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)	22 7:00 Coffee & Newspaper (A-J) 10:30 Move & Groove w/ Anette (B) 2:00 BINGO with Carolina (E)	23 7:00 Coffee & Newspaper (A-J) 10:00 Manicures with Carolina (A) 2:00 Karaoke with Anette (D)	24 7:00 Coffee & Newspaper (A-J) 10:00 Games with Carolina (D) <b>2:00 Performance by Nick (F)</b>	25 7:00 Coffee & Newspaper (A-J) 10:30 Move & Groove with Anette (F) <b>2:00 Performance by David (A)</b>	26 7:00 Coffee & Newspaper (A-J) 10:00 Coffee & Donuts (C) 2:00 Popcorn & Movies (A-J)	27 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)
28 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)	29 7:00 Coffee & Newspaper (A-J) 10:30 Move & Groove w/ Anette (B) 2:00 BINGO with Carolina (E)	30 7:00 Coffee & Newspaper (A-J) 10:00 Manicures with Carolina (A) 2:00 Karaoke with Anette (F)				

**Highlights from some of last month's fun!**



**Celebrating a June Birthday!**

- June 4 - Sandra
- June 10 - June
- June 10 - Margarita
- June 10 - Rodney
- June 21 - Lea
- June 23 - Lydia
- June 27 - Linda
- June 30 - Elaine

**Welcome New Residents!**  
Dagmar - Douglas - Helen - Jack

**A Note to Villas Residents and Families:**

*If you are looking into Arizona Long Term Care System for you or your loved one, there are resources that can help you with the process. We are available to provide you with those resources should you need them.*

Lindsay Estrella  
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