

# The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-471-7147 | [www.villasatgreenvalley.com](http://www.villasatgreenvalley.com)



## Employee Spotlight of the Month

Assistant caregiver Brenda Tuck has been part of our team since 2022, and says that she never imagined how beautiful and meaningful this experience would be. What Brenda enjoys the most about her job is the direct connection with the residents, while experiencing their emotions and sharing in their special moments. Over the past year, she has learned a great deal about dementia, which has helped her feel more confident and capable in the work she does each day.

Most of all, family is important to Brenda, and spending time with her children and loved ones makes her happiest. She also enjoys socializing with her friends. Brenda has a strong passion for music, and she has sung professionally and continues to love singing! Also related to good tunes, in her free time Brenda enjoys exercising through dance. When it comes to dining, she loves Mexican food, especially tacos, and her favorite movie is *Titanic*. Thank you, Brenda, for sharing your gifts and dedication with our Villas family!



## March 2026



### A Life Sewn With Family And Creativity

Villas resident Lynn Critchlow's life has been richly shaped by family, creativity, and cherished memories. A widow, Lynn is a proud mother of two, a loving grandmother to three grandchildren, and joyful great-grandmother to one great-grandchild. Family is the heart of her world, and she treasures every moment spent with those she loves.

Lynn enjoys quiet moments with a good book and has a special passion for quilting. Her talent has taken her to quilting competitions throughout Tucson and the surrounding areas, where she proudly shared her beautiful handiwork. Music also holds a special place in her heart. While she once wished she had learned to play the piano, she has always found comfort and joy in music of all kinds. A true food lover, Lynn enjoys savoring her meals, especially beef, which brings back fond memories of ranch life with her husband. Her favorite color, blue, perfectly reflects her calm, loving spirit and the warmth she brings to everyone around her.

# March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 7:00 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents	2 7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette (B) 2:00 BINGO with Carolina (D)	3 7:00 Coffee & Newspaper (A-J) 10:00 Arts & Craft (D) 3:00 Karaoke with Annette (D)	4 7:00 Coffee & Newspaper (A-J) 10:00 Art & Therapy with Carolina (B) 1:00 Snack & Hydration (A-J) 2:00 BINGO with Carolina (B)	5 7:00 Coffee & Newspaper (A-J) 10:30 Zumba with Annette (F) 2:00 Happy Hour (F)	6 7:00 Coffee & Newspaper (A-J) 10:00 Coffee & Donuts (A) 2:00 Dice Game with Carolina (D)	7 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)	
8 7:00 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents	9 7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette (D) 2:00 BINGO with Carolina (B)	10 7:00 Coffee & Newspaper (A-J) <b>10:30 Music Therapy with John (H)</b> 3:00 Karaoke with Annette (A)	11 7:00 Coffee & Newspaper (A-J) <b>10:00 Roy Kinney (H)</b> 2:00 BINGO with Carolina (C)	12 7:00 Coffee & Newspaper (A-J) 10:30 Zumba with Annette (B) <b>2:00 Music with David (C)</b>	13 7:00 Coffee & Newspaper (A-J) <b>10:00 Coffee &amp; Donuts / Me and My Gal Duo (B)</b> 2:00 Loteria with Carolina (A)	14 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)	
15 7:00 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents	16 7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette (D) 2:00 BINGO with Carolina (D)	17 <b>St. Patrick's Day</b> 7:00 Coffee & Newspaper (A-J) <b>10:30 St. Patrick's Day Celebration (D)</b> 3:00 Karaoke with Annette (A)	18 7:00 Coffee & Newspaper (A-J) 10:00 Manicures with Carolina (A) 2:00 Dice Game with Carolina (D)	19 7:00 Coffee & Newspaper (A-J) 10:30 Zumba with Annette (B) <b>2:00 Music with David (H)</b>	20 <b>Spring Begins</b> 7:00 Coffee & Newspaper (A-J) 10:00 Coffee & Donuts (C) <b>2:00 Flower Planting with SCAN (B)</b>	21 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)	
22 7:00 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents	23 7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette (H) 2:00 BINGO with Carolina (I)	24 7:00 Coffee & Newspaper (A-J) 10:30 Bolo Game (B) 3:00 Karaoke with Annette (A)	25 7:00 Coffee & Newspaper (A-J) 10:00 Manicures with Carolina (A) 2:00 BINGO (D)	26 7:00 Coffee & Newspaper (A-J) 10:30 Zumba with Annette (A) 2:00 Spring Social (F)	27 7:00 Coffee & Newspaper (A-J) 10:00 Coffee & Donuts (D) <b>2:00 Me and My Gal Duo (D)</b>	28 7:00 Coffee & Newspaper (A-J) 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)	
29 <b>Palm Sunday</b> 7:00 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents	30 7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette (A) 2:00 BINGO with Carolina (B)	31 7:00 Coffee & Newspaper (A-J) 10:30 Game Time (E) 3:00 Karaoke with Annette (D)					

**Highlights from some of last month's fun!**



**Arizona Daily Star**  
**READER'S CHOICE WINNER**  
 BEST ASSISTED LIVING FACILITY & BEST MEMORY CARE FACILITY



**Happy Birthday!**  
 March 11 - Mary Jane  
 March 17 - Norman  
 March 18 - Loretta  
 March 19 - Josefa  
 March 24 - Alberta  
 March 30 - Lynn  
 March 31 - Anneke

**Welcome New Residents!**  
 David - Ginger

**A Note to Villas Residents and Families:**  
 If you are looking into Arizona Long Term Care System for you or your loved one, there are resources that can help you with the process. We are available to provide you with those resources should you need them.

Lindsay Estrella  
 General Manager  
 The Villas at Green Valley  
 520-250-7521

