

The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-471-7147 | www.villasatgreenvalley.com



Employee Spotlight of the Month

Since joining The Villas last March, overnight certified caregiver Amed Preciado has quickly become a warm and familiar presence for both residents and team members. One of Amed's favorite ways to connect with residents is through baking—sharing sweet treats and smiles, even while joking that cooking isn't quite his strength yet. Coffee time is another favorite part of the shift, offering a chance to slow down, chat, and enjoy meaningful moments together.

Outside of work, Amed dreams of traveling to New York City someday and enjoys relaxing with his favorite show, *The House of Flowers*. Amed's favorite color is blue, and beginning this August, Amed will be starting college again, an exciting step toward his future goals. With a kind heart, a positive attitude, and a passion for bringing joy to others, Amed is a valued part of The Villas family, making each day a little brighter for the residents he serves, and be sure to wish Amed a happy birthday because he is celebrating his this month!



February 2026



Finding Joy in Creativity and Family

Michelle Kahley brings a quiet creativity and thoughtful spirit to our community. Close with her family, which includes Christopher, Marci, Alex, and Emma, Michelle treasures meaningful connections and the memories she's made along the way. One of her most memorable adventures was living in Sicily, Italy, for two years, an experience that deepened her love for Italian culture and, especially, Italian food.

Michelle enjoys spending her days reading a good book, scrapbooking cherished moments, and taking peaceful walks. She also has a strong creative side, finding joy in drawing and playing the piano. Movie nights are a favorite pastime, offering both relaxation and inspiration. Whether she's crafting a scrapbook page, enjoying a classic film, or reminiscing about her time in Italy, Michelle approaches life with curiosity and grace. Her artistic talents, love of learning, and appreciation for simple pleasures make her a wonderful part of our community.

February 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|----|---|----|--|----|---|----|---|----|---|----|--|----|--|
| 1 | Groundhog Day 7:00 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents | 2 | 7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette 2:00 BINGO with Carolina | 3 | 7:00 Morning Coffee & Newspaper 10:00 Fancy Nails with Carolina (A) 1:00 Snack & Hydration 2:00 Karaoke with Annette | 4 | 7:00 Morning Coffee & Newspaper 10:30 Art Therapy 1:00 Sensory Stimulation (J) 2:00 BINGO with Carolina | 5 | 7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette 1:00 Snack & Hydration 2:00 Dice Game with Carolina | 6 | 7:00 Morning Coffee & Newspaper 10:00 Coffee & Donuts 2:00 BINGO with Carolina | 7 | 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents |
| 8 | 7:00 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents | 9 | 7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette 2:00 BINGO with Carolina | 10 | 7:00 Morning Coffee & Newspaper 10:00 Fancy Nails with Carolina (A) 1:00 Snack & Hydration 2:00 Karaoke with Annette | 11 | 7:00 Morning Coffee & Newspaper 10:30 Art Therapy 1:00 Sensory Stimulation (J) 2:00 BINGO with Carolina | 12 | 7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette 1:00 Snack & Hydration 2:00 Rusty Ford Performance | 13 | Valentine's Day 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents | 14 | |
| 15 | Presidents Day 7:00 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents | 16 | Mardi Gras 7:00 Morning Coffee & Newspaper 10:00 Fancy Nails with Carolina (A) 1:00 Mardi Gras Celebration 2:00 Karaoke with Annette | 17 | 7:00 Morning Coffee & Newspaper 10:30 Art Therapy 1:00 Sensory Stimulation (J) 2:00 BINGO with Carolina | 18 | 7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette 1:00 Snack & Hydration 2:00 Country Comfort Band | 19 | 7:00 Morning Coffee & Newspaper 10:00 Coffee & Donuts 2:00 BINGO with Carolina | 20 | 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents | 21 | |
| 22 | 7:00 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents | 23 | 7:00 Morning Coffee & Newspaper 10:00 Fancy Nails with Carolina (A) 1:00 Snack & Hydration 2:00 Karaoke with Annette | 24 | 7:00 Morning Coffee & Newspaper 10:30 Art Therapy 1:00 Sensory Stimulation (J) 2:00 BINGO with Carolina | 25 | 7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette 1:00 Snack & Hydration 2:00 Dice Game with Carolina | 26 | 7:00 Morning Coffee & Newspaper 10:00 Coffee & Donuts 2:00 BINGO with Carolina | 27 | 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits with Residents | 28 | |



Highlights from some of last month's fun!



Happy Birthday!
February 7 - Jana
February 12 - Susan

Welcome New Resident!
Elizabeth

A Note to Villas Residents and Families:
If you are looking into Arizona Long Term Care System for you or your loved one, there are resources that can help you with the process. We are available to provide you with those resources should you need them.

*Lindsay Estrella
General Manager
The Villas at Green Valley
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