



# The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-471-7147 | [www.villasatgreenvalley.com](http://www.villasatgreenvalley.com)



## Employee Spotlight of the Month

Certified caregiver María Catron, originally from Nogales, Sonora, México, is one of the newer members of our Villas team, but she brings 22 years of caregiving experience with her. María has a deep passion for her job and is known for being a true team player who enjoys working alongside her colleagues. Married for two years, María is the proud mother of her 5-year-old daughter, Abygail, lovingly called Aby.

María relies on her faith to guide her, and she finds joy in music and singing. She looks forward to watching Aby grow up and dreams of going on cruises and enjoying a peaceful retirement in the future. Her favorite color is red, and she loves meatloaf. When not caring for others, María enjoys tending to her rose garden, a relaxing hobby that brings her peace and happiness.



## November 2024



## Delightful Days With This Resident

Villas resident Pauline McFtridge hails from Corinth, Mississippi, which is in the northern region of the state. Growing up with seven siblings, Pauline developed a deep love for family, which grew even more as she had seven children of her own: Vickie, Patricia, Bill, Brenda, Howard, Wanda, and Ralph. Her family has since expanded to include 27 grandchildren, filling her life with joy and love.

Earlier in her life, Pauline worked at Chevrolet for 27 years. Though she's now retired, she still loves dancing which is a passion she enjoyed through dance lessons in her younger years. Her love for country music continues, and when it comes to food, Pauline has a soft spot for corn dogs, chicken nuggets, and French fries. For dessert, anything chocolate is her favorite treat! Be sure to visit with Pauline at our next social or enjoy some tunes with her during a musical event here at The Villas!



November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div>1</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Coffee &amp; Donuts 2:00 Afternoon Popcorn &amp; Movie (A-J)</div>	<div>2</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Resident's Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)</div>
<div>3</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Resident's Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)</div>	<div>4</div> <div>7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette <b>2:00 Thanksgiving BINGO with Alyssa (A)</b></div>	<div>5</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Morning Manicures (A) 2:00 Yoga with Theresa (A)</div>	<div>6</div> <div>7:00 Morning Coffee &amp; Newspaper 10:30 Karaoke with Annette (A) 2:00 Thankful Tree (B)</div>	<div>7</div> <div>7:00 Morning Coffee &amp; Newspaper 10:30 Zumba with Annette (B) 2:00 Snack Bag Craft (B)</div>	<div>8</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Coffee &amp; Donuts 2:00 Afternoon Popcorn &amp; Movie (A-J)</div>	<div>9</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Resident's Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)</div>
<div>10</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Resident's Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)</div>	<div>11</div> <div><b>Veterans Day</b> 7:00 Morning Coffee &amp; Newspaper <b>10:30 Veterans Day Ceremony with Bristol</b></div>	<div>12</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Morning Manicures (A) 2:00 Yoga with Theresa (A)</div>	<div>13</div> <div>7:00 Morning Coffee &amp; Newspaper 10:30 Karaoke with Annette (A) 2:00 Apple Cider Floats</div>	<div>14</div> <div>7:00 Morning Coffee &amp; Newspaper 10:30 Zumba with Annette (B) <b>2:00 Baking Cinnamon Rolls with Alyssa (B)</b></div>	<div>15</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Coffee &amp; Donuts 2:00 Afternoon Popcorn &amp; Movie (A-J)</div>	<div>16</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Resident's Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)</div>
<div>17</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Resident's Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)</div>	<div>18</div> <div>7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette <b>2:00 Thanksgiving BINGO with Alyssa (A)</b></div>	<div>19</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Morning Manicures (A) 2:00 Yoga with Theresa (A)</div>	<div>20</div> <div>7:00 Morning Coffee &amp; Newspaper 10:30 Karaoke with Annette (A) <b>2:00 Pumpkin Pie Social</b></div>	<div>21</div> <div>7:00 Morning Coffee &amp; Newspaper 10:30 Zumba with Annette (B) <b>2:00 Shooting Turkey Game with Friends (B)</b></div>	<div>22</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Coffee &amp; Donuts 2:00 Afternoon Popcorn &amp; Movie (A-J)</div>	<div>23</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Resident's Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)</div>
<div>24</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Resident's Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)</div>	<div>25</div> <div>7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette <b>2:00 Thanksgiving BINGO with Alyssa (A)</b></div>	<div>26</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Morning Manicures (A) 2:00 Yoga with Theresa (A)</div>	<div>27</div> <div>7:00 Morning Coffee &amp; Newspaper 10:30 Karaoke with Annette (A) <b>2:00 Resident Friendsgiving Social</b></div>	<div>28</div> <div><b>Thanksgiving</b> 7:00 Morning Coffee &amp; Newspaper <b>10:30 Thanksgiving Lunch (A-J)</b></div>	<div>29</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Coffee &amp; Donuts 2:00 Afternoon Popcorn &amp; Movie (A-J)</div>	<div>30</div> <div>7:00 Morning Coffee &amp; Newspaper 10:00 Resident's Choice Activity (A-J) 2:00 One-on-One Visits with Residents (A-J)</div>



## Highlights from some of last month's fun!



## Celebrating a Birthday!

November 1 - Daniel  
November 2 - Marilyn  
November 3 - Jerry  
November 5 - Stephen  
November 7 - Joyce  
November 8 - Barbara  
November 9 - Else  
November 10 - Virginia  
November 27 - Danny

## Welcome to Our New Residents!

Delia  
Else  
Steve

