



# The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-471-7147 | [www.villasatgreenvalley.com](http://www.villasatgreenvalley.com)



## Employee Spotlight of the Month

Certified caregiver Karla Miranda has been a dedicated part of The Villas for 8 years. Originally from Nogales, Sonora, Karla has been married to her husband, Francisco, for 28 wonderful years after a coincidental meeting at a clinic. Together, they have two children, Karla Greta and Francisco. Karla's caregiving journey was deeply personal, having cared for both of her parents until their final days. This experience inspired her to enter the caregiving field, where she is committed to helping our residents, while listening and learning about their cherished memories and stories.

Karla says that her love language is food, and she finds great joy in cooking and baking for the residents, giving them the love and care they deserve. In her free time, she enjoys exercising, cooking, and baking desserts. Above all, she treasures spending time with her family and she loves dogs. When she finds time for herself, she enjoys getting her hair and nails done or indulging in some shopping.



## October 2024




### Digging in to Get to Know Ann!

Ann Blanchard, born in Massachusetts, has lived a life full of rich experiences. Married to her late husband, Milton, for an incredible 68 years, they raised 3 children; Marie, Steve, and their late son, Peter. Ann was a dedicated mother, a homemaker and she also supported Milton in his work as a building contractor. Together, they traveled to more than 30 countries, taking part in several archaeological digs. One of their proudest moments was when the results of a dig, along with a museum Milton built to showcase the artifacts, were featured in a 1988 issue of *National Geographic*.

Ann has always had a love for music, especially oldies and country-western, and enjoys nothing more than a cup of coffee with a muffin. She fondly remembers her weekly bingo games at Casino del Sol, where the members became like a second family to her. A true seafood lover, Ann also treasures her social interactions with both staff and residents, always bringing warmth and friendliness to those around her.

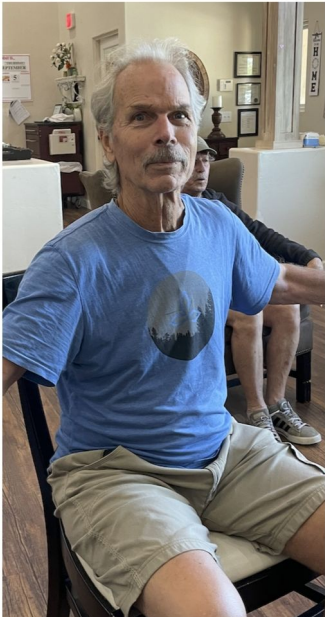


# October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 Manicures with Alyssa (A) 2:00 Seated Yoga with Ursula (A)</p>	<p>2</p> <p><b>Rosh Hashanah Begins</b> 7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette 2:00 Resident Fall Photo Shoot (B)</p>	<p>3</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Zumba with Annette 2:00 Oktoberfest Celebration (B)</p>	<p>4</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 Coffee &amp; Donuts / Pet Therapy with Winnie (B) 2:00 Afternoon Popcorn &amp; a Movie (A-J)</p>	<p>5</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 One-on-One Visits with Residents (A-J) 2:00 Resident's Choice Activity (A-J)</p>
<p>6</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 One-on-One Visits (A-J) 2:00 Resident's Choice Activity (A-J)</p>	<p>7</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette 2:00 BINGO with Alyssa (A)</p>	<p>8</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 Sing Along with John (A) 1:00 Crafts with Linda &amp; Friends (H) 2:00 Seated Yoga with Ursula (A)</p>	<p>9</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette 2:00 Halloween Craft (B)</p>	<p>10</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Zumba with Annette 2:00 Music with Rusty Ford (B)</p>	<p>11</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 Coffee &amp; Donuts / Pet Therapy with Winnie (B) 2:00 Afternoon Popcorn &amp; a Movie (A-J)</p>	<p>12</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 One-on-One Visits with Residents (A-J) 2:00 Resident's Choice Activity (A-J)</p>
<p>13</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 One-on-One Visits (A-J) 2:00 Resident's Choice Activity (A-J)</p>	<p><b>Indigenous Peoples' Day</b> 14</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette 2:00 BINGO with Alyssa (A)</p>	<p>15</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 Manicures with Alyssa (A) 2:00 Seated Yoga with Ursula (A)</p>	<p>16</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette 2:00 Witches Brew Happy Hour (B)</p>	<p>17</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Zumba with Annette 2:00 Country Comfort Band 4:30 Truck or Treat (A-J)</p>	<p>18</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 Coffee &amp; Donuts / Pet Therapy with Winnie (B) 2:00 Afternoon Popcorn &amp; a Movie (A-J)</p>	<p>19</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 One-on-One Visits with Residents (A-J) 2:00 Resident's Choice Activity (A-J)</p>
<p>20</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 One-on-One Visits (A-J) 2:00 Resident's Choice Activity (A-J)</p>	<p>21</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette 2:00 BINGO with Alyssa (A)</p>	<p>22</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 Manicures with Alyssa (A) 1:00 Crafts with Linda &amp; Friends (H) 2:00 Seated Yoga with Ursula (A)</p>	<p>23</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette 2:00 Paint Pumpkins with Alyssa (A)</p>	<p>24</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Zumba with Annette 2:00 Bake Cookies (B)</p>	<p>25</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 Coffee &amp; Donuts / Pet Therapy with Winnie (B) 2:00 Afternoon Popcorn &amp; a Movie (A-J)</p>	<p>26</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 One-on-One Visits with Residents (A-J) 2:00 Resident's Choice Activity (A-J)</p>
<p>27</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 One-on-One Visits (A-J) 2:00 Resident's Choice Activity (A-J)</p>	<p>28</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette 2:00 BINGO with Alyssa (A)</p>	<p>29</p> <p>7:00 Morning Coffee &amp; Newspaper 10:00 Manicures with Alyssa (A) 2:00 Seated Yoga with Ursula (A)</p>	<p>30</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Chair Zumba with Annette 2:00 Jack-O'-Lantern Floats (B)</p>	<p>31</p> <p>7:00 Morning Coffee &amp; Newspaper 10:30 Zumba with Annette 2:00 Resident Halloween Party (A)</p>		



Highlights from some of last month's fun!



Welcome to Our New Resident!  
Watson



Happy Birthday!  
October 9 - Ted  
October 13 - Donald  
October 15 - Katie  
October 21 - Watson  
October 30 - James