



The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-471-7147 | www.villasatgreenvalley.com



Employee Spotlight of the Month

Assistant caregiver Armida Nido is known for her deep love and dedication to her residents in Villa E, where she works alongside her teammate, Carolina. Together, this dynamic duo creates a warm and caring environment for everyone they look after. Recently, Armida celebrated her one-year anniversary with The Villas.

Armida's passion for caregiving was inspired by her mother, Yoly, who also works at The Villas in the same role. Armida is incredibly thankful for her mother, who she considers her best friend. Born in Nogales, Armida now cherishes time with her 11-year-old daughter, Janika, and their 3-year-old dog, Lucas. On her days off, Armida and Janika love shopping, watching movies, and dining out whenever they can. They also enjoy afternoon walks with Lucas, exploring the outdoors together. Holidays are a special time for Armida and her family, who always gather at her brother's house to celebrate, creating memories that are as cherished as the time she spends with her residents.



September 2024



Continuing a Life of Nurturing

Angelita Lopez, fondly known as Angie, was born in the charming town of Tubac, AZ. A devoted mother to three children, Rocky, Veronica, and Cindy, and a proud grandmother to 10 grandchildren, Angie is the heart of her family. Her children cherish memories of coming home to the aroma of freshly made tortillas, a testament to her love and talent in the kitchen. Angie has always cheered on her grandchildren, showing support and encouragement, and she also took great pride in caring for her parents as a devoted daughter they could rely on.

Before becoming a resident, Angie spent many years as a caregiver herself, working as a certified nursing assistant at La Posada. She even once journeyed on a cruise with one of her patients. Now, as a resident, Angie's vibrant personality shines through. She is a regular at BINGO every Tuesday, where her competitive spirit and enthusiasm light up the room. Angie is incredibly social, with a deep love for music and dancing, often reminiscing about the days when she enjoyed swing dancing. Fun-loving and full of life, Angie brings joy to everyone around her, making her a beloved member of The Villas community.

September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>7:00 Morning Coffee & Newspaper 10:00 One-on-One Visits (A-J) 2:00 Resident's Choice Activity (A-J)</p>	<p>2</p> <p>Labor Day 7:00 Morning Coffee & Newspaper 11:00 Labor Day Celebration with Bristol</p>	<p>3</p> <p>7:00 Morning Coffee & Newspaper 10:00 Manicures with Alyssa (A) 2:00 Seated Yoga with Ursula</p>	<p>4</p> <p>7:00 Morning Coffee & Newspaper 10:30 Karaoke with Annette (A) 2:00 Creative Art (A)</p>	<p>5</p> <p>7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette 2:00 Snack & Hydration / Nature Walk (A-J)</p>	<p>6</p> <p>7:00 Morning Coffee & Newspaper 10:00 Coffee & Donuts (A) 2:00 Grandparents Day Social (A)</p>	<p>7</p> <p>7:00 Morning Coffee & Newspaper 10:00 One-on-One Visits with Residents (A-J) 2:00 Resident's Choice Activity (A-J)</p>
<p>8</p> <p>Grandparents Day 7:00 Morning Coffee & Newspaper 10:00 One-on-One Visits (A-J) 2:00 National Grandparents Day!</p>	<p>9</p> <p>7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette (A) 2:00 BINGO with Alyssa (A)</p>	<p>10</p> <p>7:00 Morning Coffee & Newspaper 10:00 Sing Along with John (A) 1:00 Crafts with Linda (H) 2:00 Seated Yoga with Ursula (A)</p>	<p>11</p> <p>7:00 Morning Coffee & Newspaper 10:30 Karaoke with Annette (A) 2:00 Happy Hour (A)</p>	<p>12</p> <p>7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette 2:00 Chocolate Milkshake Day and Music (A)</p>	<p>13</p> <p>7:00 Morning Coffee & Newspaper 10:00 Coffee & Donuts (A) 2:00 Afternoon Popcorn & a Movie (A-J)</p>	<p>14</p> <p>7:00 Morning Coffee & Newspaper 10:00 One-on-One Visits with Residents (A-J) 2:00 Resident's Choice Activity (A-J)</p>
<p>15</p> <p>7:00 Morning Coffee & Newspaper 10:00 One-on-One Visits (A-J) 2:00 Resident's Choice Activity (A-J)</p>	<p>16</p> <p>7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette (A) 2:00 BINGO with Alyssa (A)</p>	<p>17</p> <p>7:00 Morning Coffee & Newspaper 10:00 Manicures with Alyssa (A) 2:00 Seated Yoga with Ursula</p>	<p>18</p> <p>7:00 Morning Coffee & Newspaper 10:30 Karaoke with Annette (A) 2:00 Board Games (A)</p>	<p>19</p> <p>7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette 2:00 Country Comfort Band (B)</p>	<p>20</p> <p>7:00 Morning Coffee & Newspaper 10:00 Coffee & Donuts (A) 2:00 National Pepperoni Pizza Day!</p>	<p>21</p> <p>7:00 Morning Coffee & Newspaper 10:00 One-on-One Visits with Residents (A-J) 2:00 Resident's Choice Activity (A-J)</p>
<p>22</p> <p>7:00 Morning Coffee & Newspaper 10:00 One-on-One Visits (A-J) 2:00 Resident's Choice Activity (A-J)</p>	<p>23</p> <p>7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette (A) 2:00 Autumn Social (A)</p>	<p>24</p> <p>7:00 Morning Coffee & Newspaper 10:00 Manicures with Alyssa (A) 1:00 Crafts with Linda (H) 2:00 Seated Yoga with Ursula (A)</p>	<p>25</p> <p>7:00 Morning Coffee & Newspaper 10:30 Karaoke with Annette (A) 2:00 Apple Pie in a Cup</p>	<p>26</p> <p>7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette 2:00 Plant Fall Flowers (A)</p>	<p>27</p> <p>7:00 Morning Coffee & Newspaper 10:00 Coffee & Donuts (A) 2:00 Afternoon Popcorn & a Movie (A-J)</p>	<p>28</p> <p>7:00 Morning Coffee & Newspaper 10:00 One-on-One Visits with Residents (A-J) 2:00 Resident's Choice Activity (A-J)</p>
<p>29</p> <p>First Day of Autumn 7:00 Morning Coffee & Newspaper 10:00 One-on-One Visits (A-J) 2:00 Resident's Choice Activity (A-J)</p>	<p>30</p> <p>7:00 Morning Coffee & Newspaper 10:30 Zumba with Annette (A) 2:00 BINGO with Alyssa (A)</p>					

Highlights from some of last month's fun!



Welcome New Residents!
Else
Linda
Pauline
Virginia

September 5 - Terri
September 6 - Carolyn
September 6 - Marion
September 7 - Joan
September 8 - Bonita
September 11 - Rose
September 13 - Cheryl
September 13 - Nancy
September 14 - David
September 24 - Timothy
September 27 - Rosario

