

## **Employee Spotlight of the Month**

Assistant caregiver Artemisia Lin, lovingly known as "Ana", has always had a passion for helping others. This Tucson native has been here at The Villas for over four months but is already making an impression with her hard work and dedication. Ana always keeps her residents in Villa H engaged by playing board games with them or joining them for an afternoon stroll. Ana says that she takes comfort in knowing that she can help bring joy, support, and companionship to their days.

Ana is most thankful for her loving family, which includes her four daughters, her son, and her seven beautiful grandchildren! A couple of fun facts about Ana include that she loves Mexican food and her favorite color is red. Looking forward, Ana hopes to have lots of travel opportunities in the future.

We thank you Ana for your commitment and care to our residents!



## September 2023



## Kind and Caring in the Neighborhood

Villas resident Sherry Vernell Ord was born in Virginia and has always enjoyed traveling and being active. Swimming has always been one of Sherry's favorite hobbies and she still enjoys dancing, especially to country music, which is her favorite music genre. Here at The Villas, she cherishes spending time with her neighbor Cheryl. They both love sitting outside together and sharing stories about their lives. Sherry says that she loves the caregivers in her Villa and that they take really good care of her.

Nothing is more important to Sherry than her loving family, which includes her four children, Kelly, Lindsey, Brianna and Adam, and her six grandchildren. A few things you may not know about Sherry are that she loves pizza, coffee, and the color green. Also, her friends affectionately call her "Sherry Berry". Sherry is always so appreciative of those in her life and says, "I feel blessed to wake up every day and learn something new". We are overjoyed to spend our days with Sherry!



September 2023

## ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hello September			HAPPY LABOR DAY		1 9:00 Morning Coffee & Newspaper 10:00 Coffee & Donuts Social 2:00 Popcorn & Movie (A-J)	2 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)
3 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	LABOR DAY 4 9:00 Morning Coffee & Newspaper 10:30 Zumba Dancing with Annette 12:00 Labor Day Lunch (A-J)	5 9:00 Morning Coffee & Newspaper <b>10:00 Music with John (A)</b> <b>2:00 Music with Frank (A)</b>	6 9:30 Morning Coffee & Newspaper 10:30 Drum Exercise with Annette 2:00 Creative Art (A)	7 9:00 Morning Coffee & Newspaper 10:30 Zumba Dancing with Annette 2:00 Cheese & Crackers (A)	8 9:00 Morning Coffee & Newspaper <b>10:00 Coffee &amp; Donuts Social/ Me &amp;</b> <b>My Gal Duo</b> 2:00 Popcorn & Movie (A-J)	9 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)
<b>GRANDPARENTS DAY</b> 10 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	11 9:00 Morning Coffee & Newspaper 10:30 Zumba Dancing with Annette 2:00 BINGO with Megan (A)	12 9:00 Morning Coffee & Newspaper 10:30 Manicures (F) 2:00 National Milkshake Day!	13 9:30 Morning Coffee & Newspaper 10:30 Zumba Dancing with Annette 2:00 Pie Social (A)	14 9:00 Morning Coffee & Newspaper 10:30 Zumba Dancing with Annette <b>2:00 Rusty Ford Performance (A)</b>	ROSH HASHANAH BEGINS159:00 Morning Coffee & Newspaper10:00 Coffee & Donuts Social/ Equitata Music (A)2:00 Popcorn & Movie (A-J)	16 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)
17 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	18 9:00 Morning Coffee & Newspaper 10:30 Zumba Dancing with Annette 2:00 BINGO with Megan (A)	19 9:00 Morning Coffee & Newspaper 10:00 Manicures 2:00 Apple Cider Floats (A)	20 9:30 Morning Coffee & Newspaper 10:30 Zumba Dancing with Annette <b>2:00 Music with Sherry Walker (A)</b>	21 9:00 Morning Coffee & Newspaper 10:30 Zumba Dancing with Annette <b>2:00 Country Comfort Band (A)</b>	22 9:00 Morning Coffee & Newspaper 10:00 Coffee & Donuts Social 2:00 Popcorn & Movie (A-J)	23 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)
YOM KIPPUR BEGINS 24 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	25 9:00 Morning Coffee & Newspaper 10:30 Zumba Dancing with Annette 2:00 BINGO with Megan (A)	26 9:00 Morning Coffee & Newspaper 10:00 Manicures 2:00 Connect 4 with Alyssa (A)	27 9:30 Morning Coffee & Newspaper 10:30 Zumba Dancing with Annette 2:00 Autumn Social (A)	28 9:00 Morning Coffee & Newspaper 10:30 Zumba Dancing with Annette 2:00 Snack & Hydration (A-J)	29 9:00 Morning Coffee & Newspaper 10:00 Coffee & Donuts Social 2:00 National Coffee Day!	30 7:00 Morning Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)

Highlights from some of last month's fun!

















Celebrating a Birthday! September 5 - Veanna September 6 - Marion September 7 - Joan September 8 - Bonita September 8 - Marilyn September 11 - Rose September 13 - Cheryl September 13 - Nancy September 27 - Rosario Welcome New Residents! Carolyn Joe Martha Mary Jane





