

Employee Spotlight of the Month

Assistant caregiver Xaviera Leyva was born in Tucson and has been working here at The Villas for over 8 months. Xaviera learned about a career opportunity at The Villas from her two aunts who both work here as well! She says that after seeing what a difference her aunts have made in the lives of others, she too became very interested in working in health care. Xaviera is bilingual and she enjoys being able to speak with the residents in two languages. Xaviera says, "I learn something new every day, and I love giving the residents love and joy." Her favorite activity on our calendar is the Coffee and Donuts Social, which allows for quality time with her residents. She contributes her success to having goals and treating others with respect, even on a bad day.

Xaviera's hobbies include spending time with her boyfriend, watching Netflix series, and hanging out with family. Both green and white are her favorite colors, she loves sushi, and she says that her best attributes are that she is both patient and brave.



July 2023



All Things Sweet at the Villas

Villas resident Lorenzo Teso loves to stay active and spend time with fellow residents. This Arizona native has been living here in the neighborhood for a year, and shares that he is very family oriented. Lorenzo appreciates spending time with his fellow residents at daily events or just hanging out while watching television. When asked which event he likes most, Lorenzo said that the Coffee & Donuts Social is always a top pick, along with the Ice Cream Socials. Lorenzo admits that he has quite the sweet tooth, most often craving cookies. He balances out the sweets with his passion for spicy foods.

You can always find Lorenzo getting in shape at our weekly Zumba class, and he also enjoys spending time around the garden because gardening has been one of his favorite hobbies. Be sure to get moving with Lorenzo at Zumba this month, or spend some quality time at the Coffee & Donut Social!



July 2023

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Happy Lith %				1 9:00 Coffee & Newspaper 10:00 Residents' Choice Activity (A-J) 2:00 One-on-One Visits
2 9:00 Coffee & Newspaper 10:00 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	9:00 Coffee & Newspaper	Independence Day 4 9:00 Coffee & Newspaper 12:00 4th of July Cookout (A-J)	5 9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Drum Exercise (A)	6 9:00 Coffee & Newspaper 10:00 Patriotic Music with Rusty Ford (A) 2:00 Dancing Zumba with Annette	7 9:00 Coffee & Newspaper 10:00 Coffee & Donuts with Roberto (A) 2:00 National Strawberry Sundae Day (D)	8 9:00 Coffee & Newspaper 10:00 Residents' Choice Activity (A-J) 2:00 One-on-One Visits
9 9:00 Coffee & Newspaper 10:00 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	10 9:00 Coffee & Newspaper 10:00 Dancing Zumba with Annette 2:00 BINGO with Roberto (A)	11 9:00 Coffee & Newspaper 10:30 Blueberry Muffins / Coffee 2:00 Manicures (A)	12 9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Nick Spiro (E)	13 9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette <i>2:00 Christmas in July BBQ (B)</i>	14 9:00 Coffee & Newspaper 10:00 Coffee & Donuts (A-J) 2:00 Music with Roy (A)	15 9:00 Coffee & Newspaper 10:00 Residents' Choice Activity (A-J) 2:00 One-on-One Visits
16 9:00 Coffee & Newspaper 10:00 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	17 9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 BINGO	18 9:00 Coffee & Newspaper 10:00 Sing Along with John (A) 2:00 Manicures (F)	19 9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 National Daiquiri Day (F)	20 9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Country Comfort (A)	21 9:00 Coffee & Newspaper 10:00 Coffee & Donuts (A-J) 2:00 Me and My Gal Duo (A)	22 9:00 Coffee & Newspaper 10:00 Residents' Choice Activity (A-J) 2:00 One-on-One Visits
23 9:00 Coffee & Newspaper 10:00 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	24 9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 BINGO	25 9:00 Coffee & Newspaper 10:00 Manicures (F) 2:00 Desert Creek (F)	26 9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Music with Joe (A)	27 9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Snack & Hydration (A-J)	28 9:00 Coffee & Newspaper 10:00 Coffee & Donuts (A-J) 2:00 Popcorn & Movie (A-J)	29 9:00 Coffee & Newspaper 10:00 Residents' Choice Activity (A-J) 2:00 One-on-One Visits
30 9:00 Coffee & Newspaper 10:00 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	31 9:00 Coffee & Newspaper 10:30 Dancing Zumba / National Watermelon Day (A) 2:00 BINGO					

Highlights from some of last month's fun!

















Celebrating A Birthday! July 4 - Deanna July 5 - Sherry July 8 - Kathy July 13 - Cookie July 17 - Tom July 20 - Diane July 23 - Canute July 25 - Margaret Welcome New Residents! James Judith Martha Marty Pedro Rodney Sharon





