865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-471-7147 | www.villasatgreenvalley.com



#### **Employee Spotlight of the Month**

Certified caregiver Mercedes Castro appreciates her time with staff and residents at The Villas. She says she most enjoys breakfast time with the residents because she can see faces light up to start the day. "We see it every day with our residents when they wait for us to arrive and are ready to greet us with a big hug. Their love is unconditional." Mercedes has a long career of caring for others. She worked with children with special needs and later she was the director of a domestic violence shelter. When the shelter closed its doors, she shifted to assisted living after having experience from caring for her grandfather and parents. Also, Mercedes' oldest daughter has cerebral palsy and autism, so she says "being a caregiver came naturally to me".

Mercedes says that family is what makes her so successful. She has 3 children; Dulce, Ricardo and Barbara. Her family also includes her son-in-law Andy, daughter-in-law Elizabeth, and 3 grandchildren: Rafael, Diego and Shyla. Mercedes loves dancing, taking beach vacations and going to the movies. Thank you Mercedes for being so devoted to all!



## August 2023



#### **Resident Feature**

While growing up, Sierra Vista, Arizona was home to resident Daniel Peterson before he made his way here to Green Valley. Back in the day, Daniel enjoyed riding motorcycles and listening to Elvis Presley. He still loves listening to music, although he prefers soft rock these days. Daniel worked as an air conditioning technician for many years. Anyone who knows him agrees that he is very caring, patient, and loving. Daniel's advice is to always be kind, which is somethings he practices because you can often find him giving a helping hand to his neighbors.

Daniel's favorite activities at The Villas are BINGO and our Coffee & Donut Socials, and he loves watching movies and going for walks. The staff appreciates that he often provides assistance, helping us grill, so it comes as no surprise that his favorite foods are burgers and hot dogs. Be sure to chat with Daniel at BINGO or our next grilling event to learn more about this fun and active resident!



# August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HELLO AUGUST		9:30 Coffee & Newspaper 10:00 Manicures / Pet Therapy (A-J) 2:00 Creative Art (F)	9:30 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 National Ice Cream Sandwich Day Social	9:30 Coffee & Newspaper 10:30 Dancing Zumba with Annette 1:00 National Watermelon Day Social 2:00 Rusty Ford Performance (A)	9:30 Coffee & Newspaper 10:30 Coffee & Donuts / Pet Therapy with Harley (A) 2:00 Chocolate Chip Cookie Social	9:30 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)
9:30 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 National Root Beer Float Day (A-J)	9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 BINGO with Megan (A)	9:30 Coffee & Newspaper 10:00 Manicures / Pet Therapy (A-J) 2:00 Scent Guessing Game (E)	9:30 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Music with Joe Bucci (A)	9:30 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 National S'mores Day - Country Comfort Performance (A)	9:30 Coffee & Newspaper 10:30 Coffee & Donuts / Me and My Gal Duo (A) 2:00 Popcorn & Movie (A-J)	9:30 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)
9:30 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 BINGO with Megan (A)	9:30 Coffee & Newspaper 10:00 Manicures / Pet Therapy (A-J) 2:00 Eegee's Party / Luau (E)	9:30 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Music with Dee Molina	9:30 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Music with Nick Spiro (A)	9:30 Coffee & Newspaper 10:30 Coffee & Donuts / Rhythmics with Saiyeeda (A) 2:00 Popcorn & Movie (A-J)	9:30 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)
9:30 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 BINGO with Megan (A)	9:30 Coffee & Newspaper 10:00 Manicures / Pet Therapy (A-J) 2:00 Pie Social (F)	9:30 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Happy Hour (A)	9:30 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Bake a Seasonal Treat with Alyssa (A)	9:30 Coffee & Newspaper 10:30 Coffee & Donuts / Pet Therapy with Harley (A) 2:00 Popcorn & Movie (A-J)	9:30 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J) International Dog Day!
9:30 Coffee & Newspaper 10:30 Residents' Choice Activity (A-J) 2:00 One-on-One Visits (A-J)	9:00 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 BINGO with Megan (A)	9:30 Coffee & Newspaper 10:00 Manicures / Pet Therapy (A-J) 2:00 Creative Art with Roberto (E)	9:30 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Resident and Staff Picnic (E)	9:30 Coffee & Newspaper 10:30 Dancing Zumba with Annette 2:00 Cherry Floats and Tunes (A)		

# Highlights from some of last month's fun!





















# Celebrating a Birthday!

August 1 - Sally August 5 - Wilma August 8 - Judith August 10 - Molly

August 11 - Barbara

August 11 - Lorenzo

August 16 - Adelia

August 17 - Thomas

August 24 - Adeline

August 25 - Gary

August 28 - Bernice

August 31 - Glenda

### **New Residents!**

Barbara Mary Jane Patricia





