

## **Employee Spotlight of the Month**

Certified Caregiver Elizabeth Kuhnly has been part of our Villas family for over a year and a half, and when asked what she likes most about her job, Elizabeth says, "Making a difference in residents' lives. I treat them like family and I love them dearly." She realized her passion for assisting others after caring for her mother before she passed away. "I realized I wanted to help others and I believe I was meant for this job."

Born in Nogales, Arizona, Elizabeth was the youngest of 8 siblings. Elizabeth herself has 3 sons, Fernando, Johnathan, and Anthony, and a daughter, Mia. Her family also includes her 5 grandkids, and the youngest are twin boys. During her time off, Elizabeth takes care of her grandkids and spends most time at her ranch in Nogales. Elizabeth loves horses, trips to the beach, and Italian food. She is an amazing cook and is especially known for making the best fettuccine Alfredo!



## March 2023



## A Lovely Delight in Our Neighborhood

Help us welcome one of our newest residents, Ruth Bryant! Ruth was born in Mansfield, Louisiana, which is just south of Shreveport. Ruth was the youngest of 13 children, and she loved hosting huge family gatherings at her house, especially on Thanksgiving. She later moved out west to California and she worked 34 years at the post office. Ruth's loving family includes her 2 daughters, 1 granddaughter, 1 grandson, and 2 great-grandsons! Ruth is incredibly social and loves to spend her days with family and friends.

Ruth's hobbies include collecting stamps, doing puzzles, and watching sports such as football, basketball and baseball. Here at The Villas, she enjoys making new friends, attending our musical events, and our Coffee & Donut socials. Be sure to grab a cup of coffee and a glazed pastry with Ruth on Friday mornings at 10AM, and learn more about this lovely lady!



## March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY. March		HAPPY ST. PATRICK'S & DAY &	1 9:30 One-on-One Visits 10:30 Zumba with Annette (A) <b>2:00 Green Fruit &amp; Veggie Tray (F)</b>	2 9:30 One-on-One Visits 10:30 Zumba with Annette (A) <b>2:00 Shamrock Shakes (B)</b>	3 9:30 One-on-One Visits 10:00 Coffee & Donuts <b>10:30 Rhythmics with Saiyeeda (A)</b> 2:00 Popcorn & Movie (A-J)	4 9:30 Coffee & Newspaper 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)
5 9:30 Coffee & Newspaper 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)	6 9:30 One-on-One Visits 10:30 Dancing Zumba with Annette <b>2:00 BINGO with Megan (A)</b>	7 9:30 One-on-One Visits 10:00 Manicures <b>2:00 Shamrock Necklace Craft /</b> Chit Chat (F)	8 9:30 One-on-One Visits 10:30 Zumba with Annette (A) <i>2:00 Leprechaun Floats (F)</i>	9 9:30 One-on-One Visits 10:30 Zumba with Annette (A) <i>2:00 Rusty Ford Performance (D)</i>	10 9:30 One-on-One Visits 10:00 Coffee & Donuts 2:00 Popcorn & Movie (A-J)	11 9:30 Coffee & Newspaper 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)
12 9:30 Coffee & Newspaper 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)	13 9:30 One-on-One Visits 10:30 Dancing Zumba with Annette <b>2:00 BINGO with Megan (A)</b>	14 9:30 One-on-One Visits 10:00 Manicures <b>2:00 Happy Hour Pot of Gold</b> <i>Mimosas (F)</i>	15 9:30 One-on-One Visits 10:30 Zumba with Annette (A) <i>2:00 Sing Along with John (A)</i>	16 9:30 One-on-One Visits <b>10:30 Zumba with Annette / Green</b> Eggs and Ham (A) 2:00 Country Comfort Band (A)	ST. PATRICK'S DAY 17 9:30 One-on-One Visits 10:00 Coffee & Donuts / Me and My Gal Duo (B) 1:00 St. Patrick's Day Social (A)	18 9:30 Coffee & Newspaper 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)
19 9:30 Coffee & Newspaper 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)	SPRING BEGINS 20 9:30 One-on-One Visits 10:30 Dancing Zumba with Annette 2:00 BINGO with Megan (A)	21 9:30 One-on-One Visits 10:00 Manicures <b>2:00 Balloon Volleyball / Snack &amp;</b> <b>Hydration (F)</b>	22 9:30 One-on-One Visits 10:30 Zumba with Annette (A) 2:00 Sing Along with Sherry Walker (B)	23 9:30 One-on-One Visits 10:30 Zumba with Annette (A) <i>2:00 Fused Glass with Glenn</i>	24 9:30 One-on-One Visits 10:00 Coffee & Donuts 2:00 Popcorn & Movie (A-J)	25 9:30 Coffee & Newspaper 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)
26 9:30 Coffee & Newspaper 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)	27 9:30 One-on-One Visits 10:30 Dancing Zumba with Annette 2:00 BINGO with Megan (A)	28 9:30 One-on-One Visits 10:00 Manicures <b>2:00 Ball Toss / Snack &amp;</b> Hydration	29 9:30 One-on-One Visits 10:30 Zumba with Annette (A) <i>2:00 Meraki Live Music (F)</i>	30 9:30 One-on-One Visits 10:30 Zumba with Annette (A) <i>2:00 Dee Molina (A)</i>	31 9:30 One-on-One Visits 10:00 Coffee & Donuts 2:00 Popcorn & Movie (A-J)	

Highlights from some of last month's fun!













If you have any questions about our COVID-safe practices, please call 520-256-4542



Happy Birthday! March 1 - Lola March 3 - Gary March 4 - David March 17 - Joey March 18 - Loretta March 19 - Dolores March 19 - Josefa New Residents! Charles Joey Rosa Ruth Sherry





