



The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-256-4542 | www.villasatgreenvalley.com



Employee Spotlight of the Month

Carolina Briede began as an assistant caregiver here last year. She has always loved to care for others, so someone mentioned to her that she would be perfect for this position when it was open. Carolina says that even though she has been here a short time, she feels she has already made an impact and a close connection with the residents. Carolina most enjoys going on walks with them, as well as singing and dancing at our musical events. Carolina aims to brighten the residents' days by showing each one they are special and loved.

Carolina was born in Huatabampo, Sonora, in northwestern Mexico and now enjoys living in Arizona with her son and daughter. She enjoys nothing more than spending time with her children when she is away from work, and she also loves designing and selling clothing, as well as reading. Her favorite book is *The Alchemist*. Carolina's favorite food is Mexican and she loves the food that her fellow caregiver, Karla Miranda, makes. "Her food is the best," says Carolina.



February 2023



Welcome Our New Resident

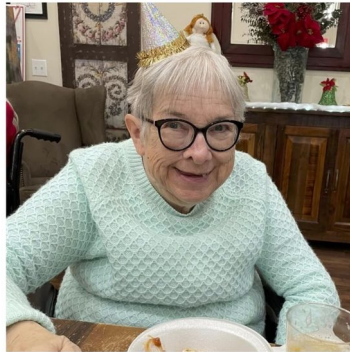
Please help us welcome one of our newest residents, Janice Herdey! Janice is originally from Minneapolis, Minnesota, and she has lived in many places across the globe. At one point she lived in the mountains where she appreciated the task of cutting down wood. During her professional days, Janice once worked at Atascadero State Hospital in California, which was challenging, but rewarding. Janice also worked as a Director of the recreation centers on Army bases for the US military in Europe, which happens to be her favorite place to travel to. Janice also lived in Germany for 15 years within several Army bases.

Janice moved into The Villas along with her dog, DG, who was given to her by her veterinarian. Janice says that DG is her best bud! DG is a very bright dog and Janice loves going outside with him to play. Janice's favorite activities to attend here are *Coffee and Donuts* and our *Ice Cream Socials*, so be sure to grab a cup of joe or a cone and visit more with Janice!

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:30 One-on-One Visits 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)	9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 Valentine's Day BINGO with Megan	9:30 One-on-One Visits 10:30 Manicures / Pet Therapy 2:00 Heart-Shaped Pizzas (F) 2:30 Parachute Exercises (F)	9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 Decorating Valentine's Day Cupcakes with Alyssa (B)	9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 Valentine's Treat Boxes / Sing Along with Rusty Ford (D)	9:30 One-on-One Visits 10:00 Coffee & Donuts / Pet Therapy with Harley (D) 10:30 Me & My Gal Duo (D) 2:00 Popcorn & Movie (A-J)	9:30 One-on-One Visits 10:30 Residents' Choice Activity Bin (A-J) 2:00 Afternoon Movie (A-J)
9:30 One-on-One Visits 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)	9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 Valentine's Day BINGO with Megan	9:30 One-on-One Visits 10:30 Manicures / Pet Therapy 2:00 Valentine's Day Dance / Employee Appreciation	9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 Ice Cream Sundae Social (D)	9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 Country Comfort Band (A)	9:30 One-on-One Visits 10:00 Coffee & Donuts / Pet Therapy with Harley (D) 2:00 Popcorn & Movie (A-J)	9:30 One-on-One Visits 10:30 Residents' Choice Activity Bin (A-J) 2:00 Afternoon Movie (A-J)
9:30 One-on-One Visits 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)	PRESIDENTS DAY 9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 BINGO with Megan (A) 3:00 Cowboy Show with Joe (A)	MARDI GRAS 9:30 One-on-One Visits 10:30 Manicures / Pet Therapy 2:00 Rodeo Craft (F)	ASH WEDNESDAY 9:30 One-on-One Visits 10:30 Zumba with Annette 1:30 Snack & Hydration (D) 2:00 Happy Hour / Chips & Dip (D)	9:30 Coffee & Newspaper 10:30 Zumba with Annette 12:00 Rodeo Day Cookout and Games (B)	9:30 One-on-One Visits 10:00 Coffee & Donuts / Pet Therapy with Harley (D) 2:00 Happy Hour (D)	9:30 One-on-One Visits 10:30 Residents' Choice Activity Bin (A-J) 2:00 Afternoon Movie (A-J)
9:30 One-on-One Visits 10:30 Residents' Choice Activity Bin (A-J) 2:00 One-on-One Visits (A-J)	9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 BINGO with Megan	9:30 One-on-One Visits 10:30 Manicures / Pet Therapy 2:00 Music with Robert Bailey (F)				

Highlights from some of
last month's fun!



Arizona Daily Star
READER'S CHOICE
WINNER
BEST ASSISTED LIVING FACILITY
&
BEST MEMORY CARE FACILITY

2016 WINNER
2018 WINNER
2020 WINNER
2022 WINNER
2017 WINNER
2019 WINNER
2021 WINNER

If you have any
questions about our
COVID-safe
practices, please
call 520-256-4542

Happy Birthday!
February 9 - Julieta
February 11 - Johnny
February 20 - Deborah

New Residents!
David
Hazel
Marilyn
Neil
Neva
Ruth

Featured resident Janice
and her beloved dog, DG.