

The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-256-4542 | www.villasatgreenvalley.com



Employee Spotlight of the Month

Certified caregiver, Luna Young, has been a member of our Villas family for 4 years. Luna had always dreamed of helping others, which is evident in how kindly she cares for her residents. She enjoys her time with them and loves putting smiles on their faces. Luna is an incredible cook and the residents love the meals she prepares for them. Luna says she loves her job and cherishes her time at The Villas alongside the residents and fellow staff members. She says her biggest key to success is keeping a positive mind.

Luna was born in Sonora, Mexico, and has 5 children: Michael, David, Noe, Ezamar and Coraima. She also has 8 grandchildren. Luna enjoys her time off and doing activities such as hiking, reading, or spending quality time with her family, which is what she says she cherishes most.

Thank you, Luna, for being part of our family!



January 2023




Talented With Many Gifts

Before living in the desert, Cheryl Selander was born in Muskegon, Michigan, which is known as the Shoreline City. Cheryl fondly remembers her childhood with her 3 sisters: Darla, Lynn, and Gayle. She loved spending time at the lake on warm days, and ice skating with friends in the winter. Cheryl had a passion for doing hair and makeup, so she followed this inspiration to become a hairdresser, working 30 years in Tucson at the JCPenney salon. Cheryl loved making ladies feel beautiful, and working in a career that allowed her to meet so many great people.

Cheryl has always enjoyed attending art and craft shows in Tucson, and she still loves to draw and craft. Her favorite events here at The Villas are the manicures and the Zumba classes. Cheryl says she enjoys living here, and that the staff members are so good to her! We absolutely love spending our days crafting and sharing with Cheryl!

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year's Day 1 9:00 Coffee & Newspaper 12:00 New Year's Lunch 2:00 Resident Choice Creative Art (A-J)	2 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 BINGO with Megan (A)	3 9:30 Coffee & Newspaper 10:30 Manicures / Pet Therapy 2:00 Popcorn & Movie (F)	4 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 Sing Along with Frank	5 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 Creative Art (E)	6 9:30 Coffee & Newspaper 10:00 Coffee & Donuts / Pet Therapy with Harley 2:00 Snack & Hydration (A-J)	7 9:00 Coffee & Newspaper 10:00 One-on-One with Staff (A-J) 2:00 Resident Choice Creative Art (A-J)
8 9:00 Coffee & Newspaper 10:00 One-on-One with Staff (A-J) 2:00 Resident Choice Creative Art (A-J)	9 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 BINGO with Megan (A)	10 9:30 Coffee & Newspaper 10:30 Manicures / Pet Therapy 2:00 Fused Glass Stars with Glenn (A)	11 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 Fruit Social	12 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 Rusty Ford Performance	13 9:30 Coffee & Newspaper 10:00 Me and My Gal Duo Performance (C) and Coffee & Donuts 2:00 Popcorn	14 9:00 Coffee & Newspaper 10:00 One-on-One with Staff (A-J) 2:00 Resident Choice Creative Art (A-J)
15 9:00 Coffee & Newspaper 10:00 One-on-One with Staff (A-J) 2:00 Resident Choice Creative Art (A-J)	Martin Luther King Jr. Day 16 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 BINGO with Megan (A)	17 9:30 Coffee & Newspaper 10:30 Manicures / Pet Therapy 2:00 Popcorn & Movie (A)	18 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 Happy Hour Board Games (F)	19 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 Country Comfort Band	20 9:30 Coffee & Newspaper 10:00 Coffee & Donuts / Pet Therapy with Harley 2:00 Snack & Hydration (A-J)	21 9:00 Coffee & Newspaper 10:00 One-on-One with Staff (A-J) 2:00 Resident Choice Creative Art (A-J)
22 9:00 Coffee & Newspaper 10:00 One-on-One with Staff (A-J) 2:00 Resident Choice Creative Art (A-J)	23 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 BINGO with Megan (A)	24 9:30 Coffee & Newspaper 10:30 Manicures / Pet Therapy 2:00 Popcorn & Movie (F)	25 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 Parachute Exercises	26 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 Mystery Craft (D)	27 9:30 Coffee & Newspaper 10:00 Coffee & Donuts / Pet Therapy with Harley 2:00 Snack & Hydration (A-J)	28 9:00 Coffee & Newspaper 10:00 One-on-One with Staff (A-J) 2:00 Resident Choice Creative Art (A-J)
29 9:00 Coffee & Newspaper 10:00 One-on-One with Staff (A-J) 2:00 Resident Choice Creative Art (A-J)	30 9:30 Coffee & Newspaper 10:30 Zumba with Annette 2:00 BINGO with Megan (A)	31 9:30 Coffee & Newspaper 10:30 Manicures / Pet Therapy 2:00 Popcorn & Movie (F)				

Highlights from some of
last month's fun!



Arizona Daily Star
READER'S CHOICE
WINNER
BEST ASSISTED LIVING FACILITY
&
BEST MEMORY CARE FACILITY

2016 WINNER
2017 WINNER
2018 WINNER
2019 WINNER
2020 WINNER
2021 WINNER
2022 WINNER

If you have any
questions about our
COVID-safe
practices, please
call 520-256-4542

A white birthday cake with lit candles is shown. The candles are in various colors and are all lit.

January 1 - Connie
January 15 - Julieta
January 20 - Kerry
January 24 - Ginger
January 25 - Emma
January 25 - Mary
January 31 - Barbara

Welcome New Residents!
Arthur
Julieta
Nancy
Robert

A circular wooden sign with the word 'Welcome' in white script. It is decorated with yellow flowers and green leaves.
