

The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-256-4542 | www.villasatgreenvalley.com  



Employee Spotlight of the Month

Diana Lizeth Romo became a member of our Villas family over 4 years ago as an assistant, and she is now one of our amazing lead caregivers. Diana loves her residents, as well as her morning coffee! She says that the key to her success is that she never gives up and always keeps going.

Diana was born in Hermosillo Sonora, and she realized she loved providing care for others after taking care of her own grandmother for 2 years. That recognition started her on her journey assisting our residents, a job she says she loves. Diana also adores her parents, who have been married for 47 years. She has been married to her own husband, Ricardo Duran, who she met at a previous job, for 9 years. Diana has 4 children and has 1 granddaughter. Her hobbies include solving puzzles, reading personal development books, and she loves protein waffles and sushi!

October 2022



Enjoying Family, Friends and Life

Loretta Lou Lightsey, originally born in Fort Lupton, Colorado, says that one of her biggest pleasures is visiting with and being around others, especially her family. Loretta says that the kindness of those in her life has made such a positive influence. She comes from a family of 4 children, where she was the oldest and grew up on a farm. Loretta and her husband, Herbert, married right after high school and they have 4 daughters. She says that the best part about getting older is "I can sit down when I want and not be disturbed, and being patient and retired." Loretta says she most enjoys "seeing my children and how much they've grown, and having my husband around."

Loretta appreciates seeing others smile and she enjoys bible study. Her favorite food is fried chicken and she loves the color blue. Loretta's best advice to share is to enjoy everything, and never take anything for granted!

October 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|--|
|  |  |  |  |  |  |  |
| 2 7:00 Morning Music (A-J) 9:30 Coffee & Newspaper 2:00 Resident Choice Creative Art (A-J) 5:20 NFL-Chiefs at Buccaneers | 3 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Octoberfest (F) 11:30 Snack & Hydration (F) 2:00 Zumba with Annette (F) | 4 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Rhythmics with Saiyeeda (E) 11:30 Snack & Hydration (E) 2:00 Manicures (E) | 5 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Zumba with Annette (D) 2:00 Paper Plate Pumpkin Craft (D) | 6 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Zumba with Annette (B) 2:00 Witches Brew (D) | 7 9:00 One on One Visits 9:30 Coffee & Newspaper 10:00 Coffee & Donuts (B) 2:00 Halloween Movie Matinee | 8 7:00 Morning Music (A-J) 9:30 Coffee & Newspaper 2:00 Saturday Movie Matinee (A-J) |
| 9 7:00 Morning Music (A-J) 9:30 Coffee & Newspaper 2:00 Resident Choice Creative Art (A-J) 5:20 NFL-Bengals at Ravens | 10 Columbus Day 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Cake Decorating (E) 1:30 Creative Art (E) 2:00 Zumba with Annette (E) | 11 9:00 One on One Visits 9:30 Coffee & Newspaper 10:00 Manicures (F) 10:30 Coffee & Chit Chat (F) 2:00 Sing Along with Joe Music Performance (F) | 12 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Zumba with Annette (D) 2:00 The Agave Brothers Concert (D) | 13 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Zumba with Annette (E) 1:00 BINGO (D) 2:00 Rusty Ford Music Performance (D) | 14 9:00 One on One Visits 9:30 Coffee & Newspaper 10:00 Coffee & Donuts (B) 2:00 Halloween Movie Matinee | 15 7:00 Morning Music (A-J) 9:30 Coffee & Newspaper 2:00 Saturday Movie Matinee (A-J) |
| 16 7:00 Morning Music (A-J) 9:30 Coffee & Newspaper 2:00 Resident Choice Creative Art (A-J) 5:20 NFL-Cowboys at Eagles | 17 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 BINGO (F) 1:30 Halloween Word Search (E) 2:00 Zumba with Annette (E) | 18 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Manicures (E) 1:30 Creative Art (E) 2:00 Jack O'Lantern Floats (F) | 19 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Zumba with Annette (D) 1:30 Snack & Hydration (D) 2:00 Pumpkin Pie Social (D) | 20 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Zumba with Annette (B) 1:30 Snack & Hydration 2:00 Country Comfort Band | 21 9:00 One on One Visits 9:30 Coffee & Newspaper 10:00 Coffee & Donuts (B) 2:00 Halloween Movie Matinee | 22 7:00 Morning Music (A-J) 9:30 Coffee & Newspaper 2:00 Saturday Movie Matinee (A-J) |
| 23 7:00 Morning Music (A-J) 9:30 Coffee & Newspaper 5:20 NFL-Steelers at Dolphins | 24 9:30 Coffee & Newspaper 10:30 Mystery Craft (F) 2:00 Zumba with Annette (E) | 25 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Manicures (E) 2:00 Pumpkin Painting (D) | 26 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Zumba with Annette (D) 1:30 Bean Bag Toss 2:00 Pumpkin Lattes (D) | 27 9:00 One on One Visits 9:30 Coffee & Newspaper 10:30 Zumba with Annette (D) 2:00 Halloween Happy Hour (D) | 28 9:00 One on One Visits 9:30 Coffee & Newspaper 10:00 Coffee & Donuts (B) 2:00 Halloween Movie Matinee | 29 7:00 Morning Music (A-J) 9:30 Coffee & Newspaper 2:00 Saturday Movie Matinee (A-J) |
| 30 7:00 Morning Music (A-J) 9:30 Coffee & Newspaper 5:20 NFL-Packers at Bills | 31 9:30 Coffee & Newspaper 10:30 National Caramel Apple Day 2:00 Halloween Party | | | | | |

Highlights from some of last month's fun!



Happy Birthday!

October - 6 - Angel
October 9 - Ted
October 10 - Shirley
October 19 - Candace
October 20 - Marilyn
October 30 - James

Welcome Home New Residents!

Asia
Dryden



Learn the facts about **Medicare** and the coverage choices. We are offering, **with no obligation**, information on various plans to determine which coverage best suits your needs. Keep your same doctors and receive excellent prescription coverage, all with manageable out-of-pocket costs.

Contact Bruce Tunze at 520-488-7823 or email bruce@qnagroup.com