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Employee Spotlight of the Month

Certified Caregiver Robert Carrillo is a Tucson native and has been with The Villas for nearly 5 years. Robert says that he most appreciates being able to make a difference in our residents' lives. His decision to become a caregiver was influenced by his mother, who is a nurse. Robert was also cheered on and supported by his cousins to follow this career path. With all of this family support, it is no surprise that Robert's family and friends are most important in his life. He is extremely excited these days because along with his 2 nieces and 2 nephews, there is another baby niece or nephew on the way!

Robert is a truck fanatic and he drives a Chevy Silverado. Robert stays fit by lifting weights, and he enjoys target shooting. His favorite book is *The Martian*, and his top film choice is *Spider-Man*, *No Way Home*. Be sure to say 'Hello!" to Robert and his residents next time you are over in Villa E!



May 2022



Music, Art and Donuts Keep Her Smiling!

LaVay Hiber, who recently celebrated her birthday last month, was born in Kingsville, which is located in south Texas. LaVay was named after her grandpa and grandma, and she says it is such an honor to share in their name. LaVay adores her family which includes her two children, a son and a daughter, and her five fabulous grandchildren.

There are so many interesting things to know about LaVay! She says that she is an overall happy person, and she loves to dance and sing. Her taste of music spans a wide range which includes rap, country, pop, and most music from the '80s. Her absolute favorite song is *Purple Rain* by Prince. She enjoys both scary and romance movies, and she loves to draw in her free time. When it comes to food, her top cuisine choice is Chinese food, and she loves the color green. LaVay's favorite activity here at The Villas is creative art, and she also loves Fridays because it's *Coffee and Donut* day, so join her for java & donuts!



May 2022

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAY DAY 7:00 Morning Music 12:30 Afternoon Movie 3:00 Activity Bin (A-J)	1 9:00 One on One Visits 10:30 Board Games 2:30 Parachute Exercises (F)	3 9:00 One on One Visits 10:30 Manicures / Pet Therapy 2:00 Balloon Volleyball	4 9:00 One on One Visits 10:30 Zumba with Annette 2:00 Creative Art in the Art Studio (E)	CINCO DE MAYO 9:00 One on One Visits 10:00 Zumba with Annette 2:00 Cinco de Mayo Employee Celebration	5 9:00 One on One Visits 10:00 Coffee & Donuts / Mother's Day Celebration (D) 1:30 Zumba with Annette	7 7:00 Morning Music 10:30 Morning Walk (A-J) 2:30 Popcorn (A-J)
MOTHER'S DAY 7:00 Morning Music 12:30 Afternoon Movie 3:00 Activity Bin (A-J)	8 9:00 One on One Visits 10:30 Zumba with Annette 2:00 Sing Along with Rene Taylor	10 9:00 One on One Visits 10:30 Manicures / Pet Therapy 2:00 Banana Split Social / Music	11 9:00 One on One Visits 10:30 Zumba with Annette 2:00 Music with Dee Molina (G)	9:00 One on One Visits 10:30 Zumba with Annette 2:00 Floats & Tunes	12 9:00 One on One Visits 10:00 Right Side of the Boat (B) 1:30 Zumba with Annette	14 7:00 Morning Music 10:30 Morning Walk (A-J) 2:30 Popcorn (A-J)
7:00 Morning Music 12:30 Afternoon Movie 3:00 Activity Bin (A-J)	15 9:00 One on One Visits 10:30 Muffins & Coffee / Chit Chat 2:00 National Mimosa Day!	17 9:00 One on One Visits 10:30 Morning Rhythmics with Saiyeeda 2:00 Manicures (A-J)	18 9:00 One on One Visits 10:30 Zumba with Annette 2:00 Creative Art in the Art Studio (E)	9:00 One on One Visits 10:30 Zumba with Annette 2:00 Spring Social	19 20 9:00 One on One Visits 10:00 Coffee & Donuts / Pet Therapy 1:30 Zumba with Annette	ARMED FORCES DAY 21 7:00 Morning Music 10:30 Morning Walk (A-J) 2:30 Popcorn (A-J)
7:00 Morning Music 12:30 Afternoon Movie 3:00 Activity Bin (A-J)	22 9:00 One on One Visits 10:30 Sit & Get Fit Exercise 2:00 Parachute Exercises	24 9:00 One on One Visits 10:30 Manicures / Pet Therapy 2:00 Balloon Volleyball	25 9:00 One on One Visits 10:30 Zumba with Annette 1:00 National Senior Health and Fitness Day	9:00 One on One Visits 10:30 Zumba with Annette 2:00 Eegee's Social	26 27 9:00 One on One Visits 10:00 Coffee & Donuts 1:30 Zumba with Annette	28 7:00 Morning Music 10:30 Morning Walk (A-J) 2:30 Popcorn (A-J)
7:00 Morning Music 12:30 Afternoon Movie 3:00 Activity Bin (A-J)	29 Memorial Day 30 9:00 One on One Visits 10:30 Zumba with Annette 12:00 Memorial Day Cookout (A-J)	31 9:00 One on One Visits 10:30 Manicures / Pet Therapy 2:00 National Macaroon Day		CINCO de MAYO	HAP PY HAP PY MOTHERS DAY	REMEMBER AND HONOR MEMORIAL DAY ***-

Highlights from some of last month's fun!













If you have any questions about our COVID-safe practices, please call 520-256-4542



Celebrating a May Birthday! May 26 - Lydia Welcome Home to Our Newest Resident! Mary Jane





