865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-256-4542 | www.villasatgreenvalley.com





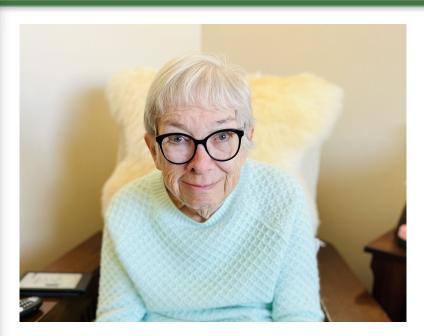
## **Employee Spotlight of the Month**

For over 20 years, certified caregiver Alicia Lucero has been assisting with the needs of others. She was born in La Brisca in Sonora, Mexico, and later began her caregiving journey by supporting the needs for 2 blind children. She had to learn braille and she worked with the children at their home. Next, Alicia worked as a Spanish teacher at the Head Start program for 10 years. She was later providing care for one of our residents in their own home before they both became part of our neighborhood. Alicia has been here at The Villas for the last 3 years and she loves visiting with our residents.

Alicia says that her family is the most important thing in her life. She has 2 daughters, a son, and 6 grandchildren! Pink has become her favorite color because of all of the time she has spent with children. Also, her favorite book is the The Bible. We are so thankful for Alicia's giving nature and dedication.



# March 2022



# A Worldly Resident in the Desert

Bernice Griego, or "Neecie," was born in Munich, Germany and has spent a large part of her life living abroad. She and her late husband, Robbie, lived overseas for almost 30 years while he was a diplomat for the U.S. State Department. During that time, they lived in 12 different countries! Neecie was a dedicated teacher working with kindergarten, 1st and 6th graders for over 30 years. Both she and Robbie loved traveling together and they were married for 50 years. They have 2 sons, 1 daughter, 4 grandchildren and 1 greatgrandbaby!

Neecie loves to stay active here at The Villas and that is why she enjoys participating in our Zumba classes. You can join her there this month every Monday, Wednesday and Thursday at 10:30AM. A couple other fun facts about Neecie are that she loves Mexican food and "The Sound of Music" is her all-time favorite film.



# March 2022

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday  |    |
|--|--|--|--|--|--|---|----|
| Masch  |  | MARDI GRAS  9:00 One on One Visits  10:30 Manicures  2:30 National Peanut Butter Lover's  Day! | ASH WEDNESDAY  9:00 One on One Visits  10:30 Zumba with Annette  2:00 Tea Party (D)    | 9:00 One on One Visits<br>10:30 Zumba with Annette<br>2:00 Fresh Fruit Bowls                         | 9:00 One on One Visits 10:00 Coffee & Donuts / Marching Music Day 2:00 National Employee Appreciation Day! | 7:00 Morning Music<br>10:30 Activity Bins (A-J)<br>2:00 Afternoon Movie (A-J) | 5  |
| 7:00 Morning Music<br>10:30 Activity Bin (A-J)<br>2:00 Popcorn (A-J) | 9:00 One on One Visits 10:30 Zumba with Annette 2:00 Happy Hour & Chit Chat (A)    | 9:00 One on One Visits<br>10:30 Manicures<br>2:30 International Women's Day                    | 9:00 One on One Visits<br>10:30 Zumba with Annette<br>2:00 Green Drinks Happy Hour (D) | 9:00 One on One Visits 10:30 Zumba with Annette 2:00 Creative Painting / Music (D)                   | 9:00 One on One Visits<br>10:00 Coffee & Donuts / Pet Therapy<br>1:00 Popcorn & Movie (A-J)                | 7:00 Morning Music<br>10:30 Activity Bins (A-J)<br>2:00 Afternoon Movie (A-J) | 12 |
| 7:00 Morning Music<br>10:30 Activity Bin (A-J)<br>2:00 Popcorn (A-J) | 13 9:00 One on One Visits 10:30 Zumba with Annette 2:30 National Potato Chip Day!  | 9:00 One on One Visits<br>10:30 Manicures<br>2:30 Shamrock BINGO (D)                           | 9:00 One on One Visits<br>10:30 Zumba with Annette<br>2:00 Shamrock Shakes (D)         | ST. PATRICK'S DAY 9:00 One on One Visits 10:30 Zumba with Annette 2:00 St. Patrick's Day Celebration | 9:00 One on One Visits<br>10:00 Coffee & Donuts / Pet Therapy<br>1:00 Popcorn & Movie (A-J)                | 7:00 Morning Music<br>10:30 Activity Bins (A-J)<br>2:00 Afternoon Movie (A-J) | 19 |
| 7:00 Morning Music<br>10:30 Activity Bin (A-J)<br>2:00 Popcorn (A-J) | 20 9:00 One on One Visits 10:30 Zumba with Annette 2:00 S'mores Social / Music     | 9:00 One on One Visits<br>10:30 Balloon Volleyball<br>2:30 Fun with Wii (D)                    | 9:00 One on One Visits<br>10:30 Zumba with Annette<br>2:00 Tea Party / Music (D)       | 9:00 One on One Visits<br>10:30 Zumba with Annette<br>2:00 National Cocktail Day!                    | 9:00 One on One Visits<br>10:00 Coffee & Donuts / Pet Therapy<br>1:00 Popcorn & Movie (A-J)                | 7:00 Morning Music<br>10:30 Activity Bins (A-J)<br>2:00 Afternoon Movie (A-J) | 26 |
| 7:00 Morning Music<br>10:30 Activity Bin (A-J)<br>2:00 Popcorn (A-J) | 27 28 9:00 One on One Visits 10:30 Zumba with Annette 2:00 Banana Split Social (B) | 9:00 One on One Visits<br>10:30 Manicures<br>2:30 Tie-dye Craft (E)                            | 9:00 One on One Visits<br>10:30 Zumba with Annette<br>2:00 Flower Planting (E)         | 9:00 One on One Visits<br>10:30 Zumba with Annette<br>2:00 National Prom Day!                        |  |   |    |

### We Are Getting Crafty!

Science continues to prove that art therapy helps reduce stress and depression, enhances motor skills, improves brain function and it allows greater self expression. And let's not forget that doing arts and crafts are just fun! For those health benefits and more, we have recently dedicated an art studio in here at The Villas so that the residents have a special space to gather for painting, crafts, and BINGO. Grab your paint brushes and we will see you in the art studio!

















Celebrating a Birthday!

March 3 - Gary

March 11 - Randa

March 19 - Dolores

# Welcome Home! Gail Gary Julie Larry Shirley



