

The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-256-4542 | www.villasatgreenvalley.com  

Employee Spotlight of the Month

Assistant Caregiver Cynthia Paola Gomez was born in Brawley, California, a city known for their annual Cattle Call Rodeo. We are thankful that she is in Green Valley now and has been part of our Villas family for 2 years. Cynthia loves interacting with our residents, and she says that she learns so much more with them every day. She chose this career because she loves taking care of and being there for others.

Cynthia's career path began 12 years ago when she became a medical assistant. Her attention to others is important in all aspects of her life and she especially cherishes her time devoted to her family, which includes her four children. Cynthia has two daughters, ages 10 and 2, and two sons, ages 13 and 23. She also has an adorable grandson who is 2 months old! Cynthia's favorite book is "Wonder", she loves sushi and salads, and her favorite color is red. If she had one wish it would be to spend more of her time with her children and her grandson.



February 2022










Remaining Creative and Active at The Villas

Last July we welcomed resident Beverly Groomer, better known as BJ, into the neighborhood and she continues to keep us all smiling ever since! BJ and her late husband Bill enjoyed over 50 years of marriage and have two daughters, Karen and Kathy. Both daughters live nearby and visit often. BJ especially loves when her grandson Chris comes along to spend quality time. She says that there is nothing more important to her than her family.

BJ, originally from Indiana, has always been active and involved, which helps her stay in great health. She was quite the athlete in her younger days, playing tennis or enjoying a round of golf. Early in her marriage, BJ did a lot of detailed sewing, which included sewing suits for her husband. She and her daughters have loved to do ceramics together, as well as restore furniture. These days you can catch BJ enjoying our music events, Zumba, and coffee & donuts.

February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Morning Music 10:30 Manicures / Pet Therapy 2:00 Tissue Paper Hearts (E)	2 GROUNDHOG DAY 9:00 Morning Music 10:30 Zumba with Annette 2:00 BINGO	3 9:00 Morning Music 10:30 Sit & Get Fit 2:00 Happy Hour	4 9:00 Morning Music 10:00 Coffee & Donuts 1:30 Zumba with Annette	5 7:00 Morning Music 10:30 Sugar Cookies (A-J) 2:00 Afternoon Movie (A-J)
6 7:00 Morning Music 10:30 Activity Bin (A-J) 2:30 Popcorn (A-J)	7 9:00 Morning Music 10:30 Zumba with Annette 2:00 Valentine's Day Word Search	8 9:00 Morning Music 10:30 Manicures / Pet Therapy 2:00 Valentine's Day Craft (E)	9 9:00 Morning Music 10:30 Zumba with Annette 2:00 Daiquiri Social	10 9:00 Morning Music 10:00 Fused Glass Hearts 2:00 Rusty Ford (F)	11 9:00 Morning Music 10:00 Coffee & Donuts 1:30 Zumba with Annette	12 7:00 Morning Music 10:30 Sugar Cookies (A-J) 2:00 Afternoon Movie (A-J)
13 7:00 Morning Music 10:30 Activity Bin (A-J) 2:30 Popcorn (A-J)	14 VALENTINE'S DAY 9:00 Morning Music 10:30 Zumba with Annette 2:00 Valentine's Day Dance (F)	15 9:00 Morning Music 10:30 Manicures / Pet Therapy 2:00 Strawberry Floats (F)	16 9:00 Morning Music 10:30 Zumba with Annette 2:00 Fruit Kabobs (G)	17 9:00 Morning Music 10:30 Decorate Cookies w/ Alyssa (E) 2:00 Country Comfort (F)	18 NATIONAL CAREGIVERS DAY 9:00 Morning Music 10:00 Coffee & Donuts 1:30 Zumba with Annette (D)	19 7:00 Morning Music 10:30 Sugar Cookies (A-J) 2:00 Afternoon Movie (A-J)
20 7:00 Morning Music 10:30 Activity Bin (A-J) 2:30 Popcorn (A-J)	21 PRESIDENTS DAY 9:00 Morning Music 10:30 Zumba with Annette 2:00 Veggie Tray Social	22 9:00 Morning Music 10:30 Manicures / Pet Therapy 2:00 Popcorn & Movie (F)	23 9:00 Morning Music 10:30 Zumba with Annette 2:00 National Banana Bread Day	24 9:00 Morning Music 10:30 Sit & Get Fit 2:30 Creative Art (E)	25 9:00 Morning Music 10:00 Coffee & Donuts 1:30 Zumba with Annette	26 7:00 Morning Music 10:30 Sugar Cookies (A-J) 2:00 Afternoon Movie (A-J)
27 7:00 Morning Music 10:30 Activity Bin (A-J) 2:30 Popcorn (A-J)	28 9:00 Morning Music 10:30 Zumba with Annette 2:30 Flower Planting (E)					

Highlights from some of last month's fun!



If you have any questions about our COVID-safe practices, please call 520-256-4542



Celebrating a Birthday!

February 10 - Peggie
February 11 - Johnny
February 19 - Donna
February 19 - Gary
February 20 - Debra

Welcome Home!

Barbara
Dwight
Joseph
Lola

