

# The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-256-4542 | [www.villasatgreenvalley.com](http://www.villasatgreenvalley.com)  

## Employee Spotlight of the Month

For fifteen years, Certified Caregiver Maria Cruz has been a devoted member of our Villas family. She was born in Nogales, Arizona, before making Green Valley her hometown. Maria says that her relationships with the residents mean the world to her because she values their time together.

Outside of work, Maria cherishes the time that she spends with her personal family, which includes her five children, seven grandchildren, and three great-grandchildren. Somehow Maria also finds time in her busy schedule to work with children with disabilities. She says, "I love working with them. Seeing them happy is everything! They have hearts of gold."

Health is also a priority for Maria so she stays active working out at the gym. She loves comic movies and reading books, and her favorite food is shrimp. If she could have one wish it would be to win the lottery.



## January 2022









### A Picture Perfect Resident

Barbara Garcia grew up in a large family along with her 5 siblings in Fairmont, West Virginia. Though her mother passed away while Barbara was in high school, she remained an important figure and influence in Barbara's life. Her father was also a major inspiration. As a photographer, he taught the children about photo development and printing, which is why photography has always been a favorite hobby for Barbara. After helping her father with his photo business, she joined the military, and later met her husband, Nestor. Their children are John, Cynthia, and Yvonne.

Barbara says that besides taking photos, she loves to read books, put her hair in curlers, and get her nails done on our manicure days. She also really enjoys staying fit and having fun during our Zumba classes. A few other fun facts about Barbara are that she likes cats because she finds them to be interesting pets, and her favorite food is Italian pizza pie!



# January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>NEW YEAR'S DAY</b> 7:00 Morning Music 10:30 New Year's Lunch (A-J)
2 7:00 Morning Music 10:30 Activity Bin (A-J) 2:30 Popcorn (A-J)	3 9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 Cheese & Cracker Social (D)	4 9:30 One-on-One Visits 10:00 Manicures / Pet Therapy 2:00 BINGO (B)	5 9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 Make a Bird Feeder	6 9:30 One-on-One Visits 10:30 Rhythmics with Saiyeeda 2:00 Creative Art (E)	7 9:30 One-on-One Visits 10:00 Coffee & Donuts (F) 1:30 Zumba with Annette	8 7:00 Morning Music 10:30 Cookies / Hot Cocoa (A-J) 2:00 Afternoon Movie (A-J)
9 7:00 Morning Music 10:30 Activity Bin (A-J) 2:30 Popcorn (A-J)	10 9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 Creative Art	11 9:30 One-on-One Visits 10:00 Manicures / Pet Therapy 2:00 BINGO (B)	12 9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 Roxanna Baker	13 9:30 One-on-One Visits 10:00 Creative Art (E) 2:00 Music with Rusty Ford (J)	14 9:30 One-on-One Visits 10:00 Coffee & Donuts (J) 1:30 Zumba with Annette	15 7:00 Morning Music 10:30 Cookies / Hot Cocoa (A-J) 2:00 Afternoon Movie (A-J)
16 7:00 Morning Music 10:30 Activity Bin (A-J) 2:30 Popcorn (A-J)	<b>MARTIN LUTHER KING JR DAY</b> 17 9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 Rene Taylor	18 9:30 One-on-One Visits 10:00 Manicures / Pet Therapy 2:00 BINGO (B)	19 9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 National Popcorn Day	20 9:30 One-on-One Visits 10:00 Creative Art (E) 2:00 Country Comfort (J)	21 9:30 One-on-One Visits 10:00 Coffee & Donuts (J) 1:30 Zumba with Annette	22 7:00 Morning Music 10:30 Cookies / Hot Cocoa (A-J) 2:00 Afternoon Movie (A-J)
23 7:00 Morning Music 10:30 Activity Bin (A-J) 2:30 Popcorn (A-J)	24 9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 Desert Creek	25 9:30 One-on-One Visits 10:00 Manicures / Pet Therapy 2:00 BINGO (B)	26 9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 Creative Art	27 9:30 One-on-One Visits 10:00 Creative Art (E) 2:00 National Chocolate Cake Day	28 9:30 One-on-One Visits 10:00 Coffee & Donuts (F) 1:30 Zumba with Annette	29 7:00 Morning Music 10:30 Cookies / Hot Cocoa (A-J) 2:00 Afternoon Movie (A-J)
30 7:00 Morning Music 10:30 Activity Bin (A-J) 2:30 Popcorn (A-J)	31 9:30 One-on-One Visits 10:30 Zumba with Annette 2:00 National Hot Chocolate Day					



## Highlights from some of last month's fun!



**2021**  
WINNER

**2020**  
WINNER

**2019**  
WINNER

**Arizona Daily Star**  
READER'S CHOICE  
**WINNER**  
BEST ASSISTED LIVING FACILITY  
&  
BEST MEMORY CARE FACILITY

★★★★★

**2018**  
WINNER

**2017**  
WINNER

**2016**  
WINNER

*If you have any questions about our COVID-safe practices, please call 520-256-4542*



## Welcome New Residents!

Cheryl  
Frank  
Sharon  
William

**WELCOME**

