

**Employee Spotlight of the Month** 

Assistant Caregiver Tere Rosas has always had a passion for nurturing others. When she was young, she dreamed of becoming a nurse so she is grateful that her job allows her to spend time helping the residents. Tere has been with The Villas for 5 years, and here at our Green Valley neighborhood for the last year.

Tere is so thankful for her family, which includes her 3 children; 2 sons and a daughter. She is so appreciative of any occasion spent with her family because that time with them is always so special. Tere was born in Mexico and hopes to visit with her family there more often. A couple of other interesting facts about Tere are that she loves to read books, take care of her health, and do her nails.

Thank you Tere for your devotion to our residents! We appreciate your dedication!



## December 2021



## At Home on the Range at the Villas

Alejandro Terriquez was born in Sinaloa, which is a coastal state located in Northwestern Mexico. The economy in Sinaloa is primarily based on agriculture and livestock, and that had a large influence on his life. Alejandro worked as a rancher and became a very well-known bull rider. He loved riding horses and his favorite movies are still westerns.

A simple visit to the supermarket was life changing for Alejandro when he experienced love at first sight. It was there he met and later married Maria, his wife of 60 years. They have 6 children and 15 grandchildren. Family and traditions have always been so important to Alejandro, and he fondly remembers from his childhood that Mondays were always "soup" days at his grandfather's home, which is why soup is still his favorite food. Alejandro says that family and animals are what he has come to value most in his life.



## December 2021

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Hanlinkan.		1 7:00 Morning Music 10:30 Zumba with Annette <i>2:00 National Pie Day!</i>	2 7:00 Morning Music 10:30 Sit & Get Fit <i>2:00 Rusty Ford (J)</i>	3 7:00 Morning Music <b>10:00 Coffee &amp; Donuts / Pet</b> <b>Therapy</b> 1:30 Zumba with Annette	4 9:00 Morning Music 10:30 Activity Bin (A-J)
5 8:30 Pastor Robert from Calvary (Channel 9) 2:00 Popcorn & Movie (A-J)	6 7:00 Morning Music 10:30 Zumba with Annette <b>2:00 Peppermint Milkshakes</b>	7 7:00 Morning Music 10:00 Manicures / Pet Therapy 2:00 BINGO (B)	8 7:00 Morning Music 10:30 Zumba with Annette 2:00 Let's Build a Gingerbread House with Alyssa (D)	9 7:00 Morning Music <b>10:30 Rhythmics with Saiyeeda (C)</b> <b>2:00 National Christmas Card</b> <b>Day!</b>	10 7:00 Morning Music <b>10:00 Coffee &amp; Donuts / Pet</b> <b>Therapy</b> 1:30 Zumba with Annette	11 9:00 Morning Music 10:30 Activity Bin (A-J)
12 8:30 Pastor Robert from Calvary (Channel 9) 2:00 Popcorn & Movie (A-J)	13 7:00 Morning Music 10:30 Zumba with Annette 2:00 Christmas Creative Craft (A)	14 7:00 Morning Music 10:00 Manicures / Pet Therapy 2:00 BINGO (B)	15 7:00 Morning Music 10:30 Zumba with Annette <i>2:00 National Cupcake Day</i>	16 7:00 Morning Music 10:00 Christmas Party Setup <b>2:00 Holiday Party / Music with</b> <b>Roxanna</b>	17 7:00 Morning Music <b>10:00 Coffee &amp; Donuts / Pet</b> <b>Therapy</b> 1:30 Zumba with Annette	18 9:00 Morning Music 10:30 Activity Bin (A-J)
19 8:30 Pastor Robert from Calvary (Channel 9) 2:00 Popcorn & Movie (A-J)	20 7:00 Morning Music 10:30 Zumba with Annette <i>2:00 Fused Glass Ornaments (J)</i>	WINTER BEGINS217:00 Morning Music10:00 Manicures / Pet Therapy2:00 Hot Cocoa / ChristmasMovie (B)	22 7:00 Morning Music 10:30 Zumba with Annette 2:00 Christmas Cookie Decorating (D)	23 7:00 Morning Music 10:30 Sit & Get Fit <i>2:00 Mason Jar Snow Globes</i>	24 7:00 Morning Music <b>10:00 Coffee &amp; Donuts / Pet</b> <b>Therapy</b> 1:30 Zumba with Annette	CHRISTMAS 25 9:00 Morning Music 12:00 Christmas Lunch (A-J)
KWANZAA BEGINS268:30 Pastor Robert from Calvary (Channel 9)2:00 Popcorn & Movie (A-J)	27 7:00 Morning Music 10:30 Zumba with Annette 2:00 Eggnog Day! (D)	28 7:00 Morning Music 10:00 Manicures / Pet Therapy 2:00 BINGO (B)	29 7:00 Morning Music 10:30 Zumba with Annette <i>2:00 New Year's Craft</i>	30 7:00 Morning Music 10:30 Sit & Get Fit <i>2:00 Country Comfort (J)</i>	NEW YEAR'S EVE 31 7:00 Morning Music 10:00 Coffee & Donuts / New Year's Celebration 1:30 Zumba with Annette	H A P P Y N E W Y E A R

Highlights from some of last month's fun!













**Celebrating a Birthday!** December 7 - Marva December 12 - Betty Welcome Home! Jack Loretta Sharon





