

The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-256-4542 | www.villasatgreenvalley.com  

Employee Spotlight of the Month

Overnight Caregiver Myrna Lerma has been with our Villas family for 2 years and says what she most appreciates about her job is the support from management, the flexible hours, and the teamwork from her fellow staff. Myrna considers herself a positive person, she aims to be a reliable worker and she stays organized with tasks. Myrna cherishes the time spent caring for our residents and sharing moments.

Myrna adores her family, which includes her husband, children, and her two dogs, Max and Bubu. She loves to travel and read, especially self-improvement books. Her two favorite books are "The Richest Man in Babylon" and "Rich Dad, Poor Dad," both of which are on the subject of finance and wealth. Some interesting facts about Myrna include that her favorite color is royal blue and two of her favorite movies are "Titanic" and "Hachi."



November 2021

From Northeast to the Southwest

Before moving to warm and sunny Arizona, Carl Sparfeld was born in Buffalo, New York, and spent a good amount of his career throughout the northeast. Carl became an educator, and taught at schools in Pennsylvania, Connecticut and in Long Island. He taught American History and Photography, and he also ran the snack bar at school at one point. After moving out west, Carl continued in the role of an educator by overseeing photography workshops at Green Valley Camera Club.

Carl stays very active and involved here at The Villas. His favorite activities are our Fruit Social and the Donut Social. Carl loves to read mystery books, especially books by James Paterson. He loves pepperoni pizza, Western films, The Tucson Rodeo Parade, and viewing sunrises and sunsets. Carl says that he likes that everyone in our neighborhood is friendly, cheerful and always helpful when needed. We are so lucky to have Carl as one of our neighbors!



November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 One-on-One Visits 10:30 Zumba with Annette (D) 2:00 Music with Amber (B)	2 9:30 One-on-One Visits 10:00 Manicures / Pet Therapy (D) 2:00 Candy Corn Craft (D)	3 9:30 One-on-One Visits 10:30 Zumba with Annette (D) 2:00 BINGO (B)	4 9:30 One-on-One Visits 10:00 Cookie Decorating (D) 2:00 Sit & Get Fit (D)	5 9:30 One-on-One Visits 10:00 Coffee & Donuts / Sing Along with John (D) 1:30 Zumba with Annette (D)	6 7:00 Morning Music 10:00 Activity Bin (A-J)
7 8:30 Pastor Robert from Calvary (Channel 9) 2:00 Popcorn & Movie (A-J)	8 9:30 One-on-One Visits 10:30 Zumba with Annette (D) 2:00 National Cappuccino Day!	9 9:30 One-on-One Visits 10:30 Rhythmics with Saiyeeda (D) 2:00 Apple Cider Floats (D)	10 9:30 One-on-One Visits 10:30 Zumba with Annette (D) 2:00 BINGO (B)	11 VETERANS DAY 9:30 One-on-One Visits 10:00 Thanksgiving Fused Glass (D) 2:00 Sit & Get Fit (D)	12 9:30 One-on-One Visits 10:00 Coffee & Donuts / Pet Therapy (D) 1:30 Zumba with Annette (D)	13 7:00 Morning Music 10:00 Activity Bin (A-J)
14 8:30 Pastor Robert from Calvary (Channel 9) 2:00 Popcorn & Movie (A-J)	15 9:30 One-on-One Visits 10:30 Zumba with Annette (D) 2:00 Creative Art (E)	16 9:30 One-on-One Visits 10:00 Manicures / Pet Therapy (D) 2:00 Fall Wreath (D)	17 9:30 One-on-One Visits 10:30 Zumba with Annette (D) 2:00 Music with Sherry Walker (D)	18 9:30 One-on-One Visits 10:30 Sit & Get Fit (D) 2:00 Apple Pie Social (D)	19 9:30 One-on-One Visits 10:00 Coffee & Donuts / Pet Therapy (D) 1:30 Zumba with Annette (D)	20 7:00 Morning Music 10:00 Activity Bin (A-J)
21 8:30 Pastor Robert from Calvary (Channel 9) 2:00 Popcorn & Movie (A-J)	22 9:30 One-on-One Visits 10:30 Zumba with Annette (D) 2:00 BINGO (B)	23 9:30 One-on-One Visits 10:00 Manicures / Pet Therapy (D) 2:00 Potbelly Turkey Craft (D)	24 9:30 One-on-One Visits 10:30 Zumba with Annette (D) 2:00 BINGO (B)	25 THANKSGIVING 9:30 One-on-One Visits	26 9:30 One-on-One Visits 10:00 Coffee & Donuts / Pet Therapy (D) 1:30 Zumba with Annette (D)	27 7:00 Morning Music 10:00 Activity Bin (A-J)
28 8:30 Pastor Robert from Calvary (Channel 9) 2:00 Popcorn & Movie (A-J)	29 9:30 One-on-One Visits 10:30 Zumba with Annette (D) 2:00 BINGO (B)	30 9:30 One-on-One Visits 10:00 Manicures / Pet Therapy (D) 2:00 Hot Chocolate Social (D)				

Highlights from some of
last month's fun!



2021 Arizona Daily Star
READER'S CHOICE
WINNER

2020 BEST ASSISTED LIVING FACILITY
&
BEST MEMORY CARE FACILITY

2019 ★ ★ ★ ★ ★

2018 WINNER

2017 WINNER

2016 WINNER

*If you have any
questions about our
COVID-safe
practices, please call
520-256-4542*

**Celebrating a
Birthday!**

Nov. 7 - Joyce
Nov. 12 - Linda
Nov. 17 - Daniel

Welcome Home!

Bill
Bruce
Charles
Christopher
Julie
Linda
Patricia

Welcome Home

