

# The Villas

at Green Valley

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



865 North Desert Bell Drive, Green Valley, AZ 85614 | 520-256-4542 | [www.villasatgreenvalley.com](http://www.villasatgreenvalley.com)  

## Employee Spotlight of the Month

Certified Lead Caregiver Francisca Poblete does not ever seem to slow down! She loves to keep active and is very helpful, whether she is caring for our residents or tending to her own children. Francisca has been with The Villas for nine months, and has grown close to her residents. She says the best part about her job is making their meals and desserts. Francisca, a native of Tucson, loves to cook and bake both at work and at home.

Family is everything to Francisca, which includes her three sons and one daughter. She cherishes spending quality time with them and one of their favorite things to do together is visit Mt. Lemon. Francisca also spends time hiking, working out at the gym, singing karaoke, and attending church. She loves movies, especially comedies, but her all-time favorite film is "Titanic". Francisca says that she wears her scrubs on a regular basis, which works perfectly with her future aspirations to become a nurse. Thank you for all you do Francisca!



## August 2021




## Getting to Know A Sweet Resident

Villas' resident Helen Middleton was born in Douglas, which is at the most southeastern corner of Arizona, right at the U.S.-Mexico border. We are so pleased that she is now residing in our neighborhood, and she continues to make new friends and stay active at our various social events and activities. Helen especially enjoys working on crossword puzzles or watching her favorite television show, "Family Feud". Some days you can find her relaxing on the patio, and she likes listening to tranquil, soft music. Another fun fact about Helen is that she loves chocolate!

A great time to visit with Helen this month is at the Ice Cream Sandwich Social on August 2nd, or at Coffee & Donuts, which takes place every Friday at 10AM this month. Those are perfect opportunities to enjoy a sweet treat with an even sweeter lady!

# August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 Pastor Robert from Calvary (Channel 9) 2:30 Afternoon Movie (A-J)	2 9:30 One on One Visits <b>10:30 Zumba with Annette (D)</b> <b>2:00 Ice Cream Sandwich Day (A)</b>	3 9:30 One on One Visits 10:30 Manicures / Pet Therapy <b>2:00 National Watermelon Day</b>	4 9:30 One on One Visits <b>10:30 Zumba with Annette (D)</b> <b>2:00 Music with Bruce (B)</b>	5 9:30 One on One Visits 10:30 Sit & Get Fit (D) 2:00 Snack & Hydration (D)	6 9:30 One on One Visits <b>10:00 Coffee &amp; Donuts (D)</b> <b>1:30 Zumba with Annette (D)</b>	7 7:30 Morning Music 10:30 Morning Puzzles 2:00 Activity Bins (A-J)
8 8:30 Pastor Robert from Calvary (Channel 9) 2:30 Afternoon Movie (A-J)	9 9:30 One on One Visits <b>10:30 Zumba with Annette (D)</b> 2:30 Iced Coffee (B)	10 9:30 One on One Visits 10:30 Manicures / Pet Therapy 2:00 Snack & Hydration (A)	11 9:30 One on One Visits <b>10:30 Zumba with Annette (D)</b> 2:00 Happy Hour (D)	12 9:30 One on One Visits 10:30 Sit & Get Fit (D) <b>2:00 Rusty Ford (D)</b>	13 9:30 One on One Visits <b>10:00 Coffee &amp; Donuts (D)</b> <b>1:30 Zumba with Annette (D)</b>	14 7:30 Morning Music 10:30 Morning Puzzles 2:00 Activity Bins (A-J)
15 8:30 Pastor Robert from Calvary (Channel 9) 2:30 Afternoon Movie (A-J)	16 9:30 One on One Visits <b>10:30 Zumba with Annette (D)</b> 2:00 Movie & Popcorn (A)	17 9:30 One on One Visits 10:30 Manicures / Pet Therapy 2:00 Snack & Hydration (A)	18 9:30 One on One Visits <b>10:30 Zumba with Annette (D)</b> 2:00 Happy Hour (D)	19 9:30 One on One Visits 10:30 Sit & Get Fit (D) <b>2:00 Country Comfort Inn (D)</b>	20 9:30 One on One Visits <b>10:00 Coffee &amp; Donuts / Robert Bailey (F)</b> <b>1:30 Zumba with Annette (D)</b>	21 7:30 Morning Music 10:30 Morning Puzzles 2:00 Activity Bins (A-J)
22 8:30 Pastor Robert from Calvary (Channel 9) 2:30 Afternoon Movie (A-J)	23 9:30 One on One Visits <b>10:30 Zumba with Annette (D)</b> 2:00 Movie & Popcorn (A)	24 9:30 One on One Visits 10:30 Manicures / Pet Therapy 2:00 Snack & Hydration (A)	25 9:30 One on One Visits <b>10:30 Zumba with Annette (D)</b> 2:00 Happy Hour (D)	26 9:30 One on One Visits 10:30 Sit & Get Fit (D) 2:00 Eegees Social (A)	27 9:30 One on One Visits <b>10:00 Coffee &amp; Donuts (D)</b> <b>1:30 Zumba with Annette (D)</b>	28 7:30 Morning Music 10:30 Morning Puzzles 2:00 Activity Bins (A-J)
29 8:30 Pastor Robert from Calvary (Channel 9) 2:30 Afternoon Movie (A-J)	30 9:30 One on One Visits <b>10:30 Zumba with Annette (D)</b> <b>2:00 Toasted Marshmallow Day (A)</b>	31 9:30 One on One Visits 10:30 Manicures / Pet Therapy 2:00 Snack & Hydration (A)				

Highlights from some of  
last month's fun!



**Happy Birthday!**  
August 24 - Adeline  
August 26 - Donald  
August 28 - Bernice

**Welcome Home  
New Residents!**

Beverly  
Diane  
Donna  
Shirley

