



## **Employee Spotlight of the Month**

Certified Caregiver Shirley Ayala was born in the city of Nogales, AZ, a town named after the Spanish word for "walnut," referring to the walnut trees that once abundantly grew in the area. She says that her childhood was always fun and outgoing and she credits that to her amazing parents. Growing up, Shirley dreamed of becoming a nurse, so it is no surprise she is now caring for others.

Shirley is newer to our Villas family, but she has already formed a bond with her residents. She loves to visit with them because she enjoys learning about their lives, especially about the earlier years. Shirley loves to come to work every day and aims to put a smile on the residents' faces. Shirley says that she loves being a caregiver here, and we love that she is part of our family. Thank you Shirley!

## February 2021

## All Heart in Our Neighborhood

Resident Sandra Bonite says that the secret to living a good life comes down to how you treat others because it affects how they treat you. Therefore, it is no surprise that Sandra is incredibly kind and loving to her fellow residents and our staff. She was born in Grand Island, Nebraska and spent her younger days riding bikes and roller skating because she loved to be outdoors and active. Sandra says that her biggest success in life was raising her own family.

Sandra remains very active and loves taking part in activities here at The Villas. She says that she appreciates having many friendly residents here, and she is thankful for a caring staff. She aims to remain healthy and more importantly, enjoy her family. Sandra is always considerate of other people and hopes that everyone has good health, peace, and love.



Fun loving resident Sandra Bonite and caregiver enjoying Halloween fun in her Villa last October.



## February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Morning Music <b>10:30 Parachute Exercises</b> 2:00 Popcorn & Movie (A-J)	GROUNDHOG DAY 2 9:00 Morning Music 10:30 Manicures 2:00 BINGO	3 9:00 Morning Music 10:30 Operation Board Game 2:00 Valentine's Day Heart Wreath Craft	4 9:00 Morning Music 10:30 Sit & Get Fit 2:00 Dominoes	5 9:00 Morning Music <b>10:00 Coffee &amp; Donuts (A-J)</b> 2:00 Happy Hour (A-J)	6 7:00 Morning Music 11:00 Puzzles (A-J) 2:00 Afternoon Movies (A-J)
7 8:30 Morning Music 9:00 Pastor Robert from Calvary (Channel 9) 2:30 Afternoon Walk (A-J)	8 9:00 Morning Music <b>10:30 Parachute Exercises</b> 2:00 Popcorn & Movie (A-J)	9 9:00 Morning Music 10:30 Manicures 2:00 Valentine's Day Bags	10 9:00 Morning Music 10:00 Valentine's Day Oreo Pops 2:00 Balloon Volleyball	11 9:00 Morning Music 10:30 Sit & Get Fit 2:00 Dominoes	CHINESE NEW YEAR129:00 Morning Music10:00 Coffee & Donuts (A-J)2:00 Happy Hour (A-J)	13 7:00 Morning Music 11:00 Puzzles (A-J) 2:00 Afternoon Movies (A-J)
VALENTINE'S DAY 14 8:30 Morning Music 9:00 Pastor Robert from Calvary (Channel 9) 2:30 Afternoon Walk (A-J)	PRESIDENTS DAY 15 9:00 Morning Music 10:30 Parachute Exercises 2:00 Popcorn & Movie (A-J)	MARDI GRAS 16 9:00 Morning Music 10:30 Manicures 2:00 BINGO	17 9:00 Morning Music 10:30 Wii Games 2:00 Ice Cream Social	18 9:00 Morning Music 10:30 Sit & Get Fit 2:00 Dominoes	19 9:00 Morning Music 10:00 Coffee & Donuts (A-J) 2:00 Happy Hour (A-J)	20 7:00 Morning Music 11:00 Puzzles (A-J) 2:00 Afternoon Movies (A-J)
21 8:30 Morning Music 9:00 Pastor Robert from Calvary (Channel 9) 2:30 Afternoon Walk (A-J)	22 9:00 Morning Music <b>10:30 Parachute Exercises</b> 2:00 Popcorn & Movie (A-J)	23 9:00 Morning Music 10:30 Manicures 2:00 BINGO	24 9:00 Morning Music 10:30 Board Games 2:00 Banana Split Social	25 9:00 Morning Music 10:30 Sit & Get Fit 2:00 Dominoes	26 9:00 Morning Music <b>10:00 Coffee &amp; Donuts (A-J)</b> 2:00 Happy Hour (A-J)	27 7:00 Morning Music 11:00 Puzzles (A-J) 2:00 Afternoon Movies (A-J)
28 8:30 Morning Music 9:00 Pastor Robert from Calvary (Channel 9) 2:30 Afternoon Walk (A-J)	XOXO			Black History Month CELEBRATE		

Highlights from some of last month's fun!















